

From Fermi & Bose polaron polaritons to quantum droplets of light

Francesca Maria Marchetti



3 ultracold atom-inspired problems in light-matter semiconductor systems

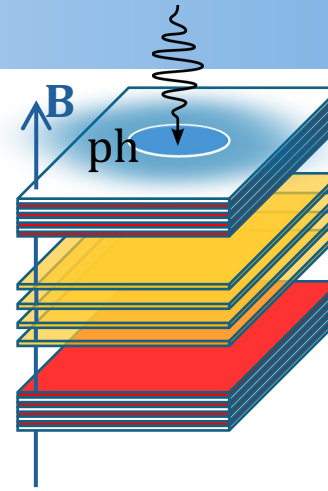
Francesca Maria Marchetti



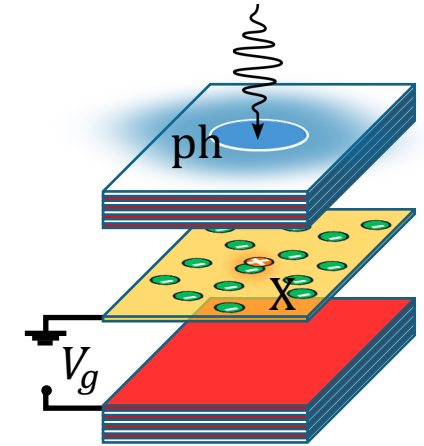
Outline

1. Microcavity polaritons
 - Very strong light-matter coupling
 2. Fermi polaron (polaritons) in gated TMD monolayers
 - finite temperature crossover from polaron to trion continuum
 3. Biexciton Feshbach resonance
- Bose polaron polaritons in pump-probe

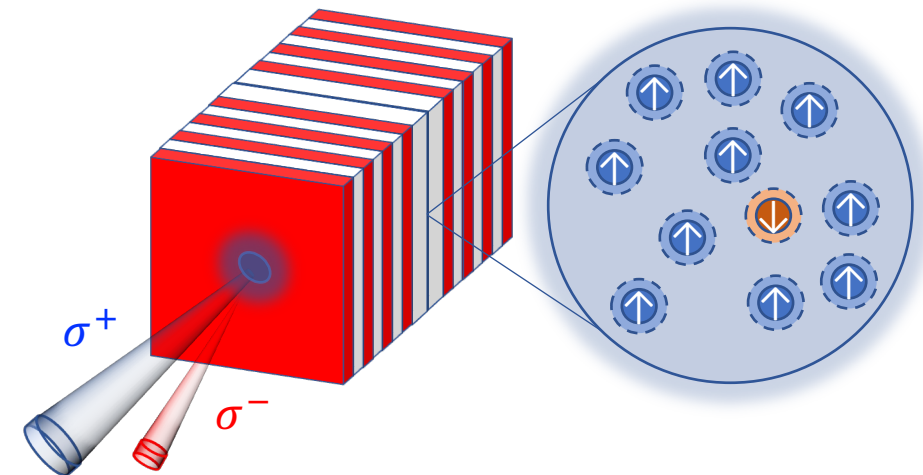
[Levinson, FMM... PRL (2019)]



[Laird, FMM ... PRB (2022)]
[de la Fuente ... FMM PRB (2025)]



[Tieme ... FMM PRB (2022)]
[Tieme ... FMM PRB (2023)]
[Mulkerin ... FMM ... PRL (2023)]
[T. Wu, FMM ... (in preparation)]

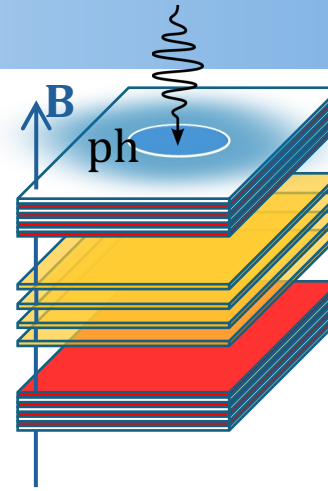


Outline

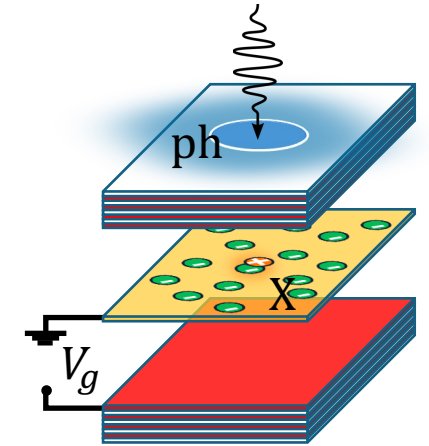
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 - Quantum droplets of light

[Levinson, FMM... PRL (2019)]

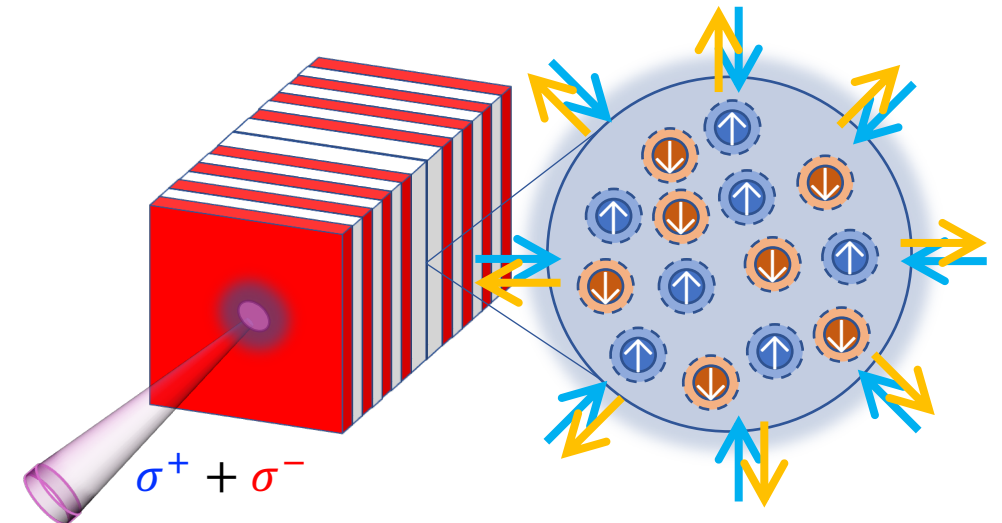
[Caldara... FMM... (in preparation)]



[Laird, FMM ... PRB (2022)]
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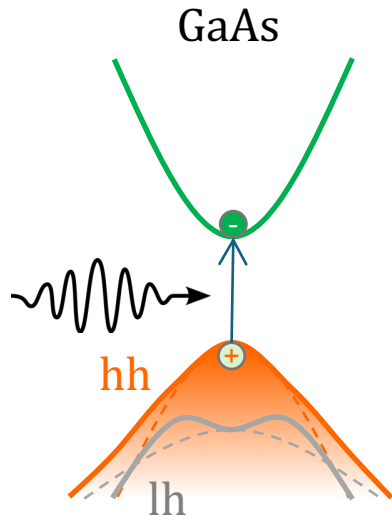


[Tieme ... FMM PRB (2022)]
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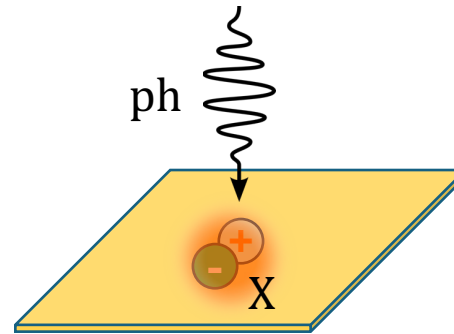


1. Microcavity polaritons

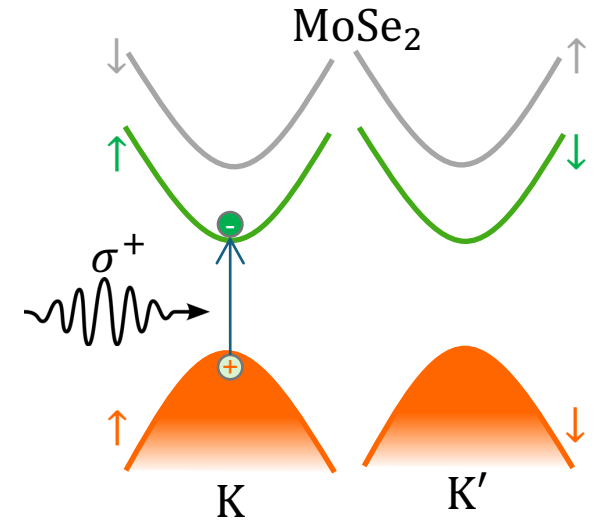
excitons in QWs



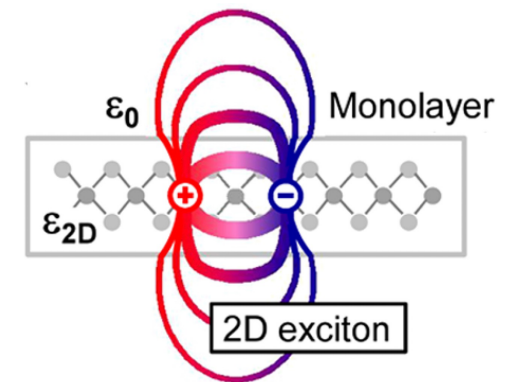
$$E_B = 7 - 15 \text{ meV}$$



excitons in TMD monolayers



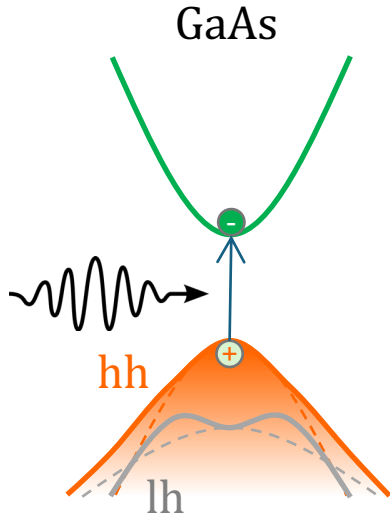
$$E_B = 200 - 500 \text{ meV} \gg k_B T_{\text{room}}$$



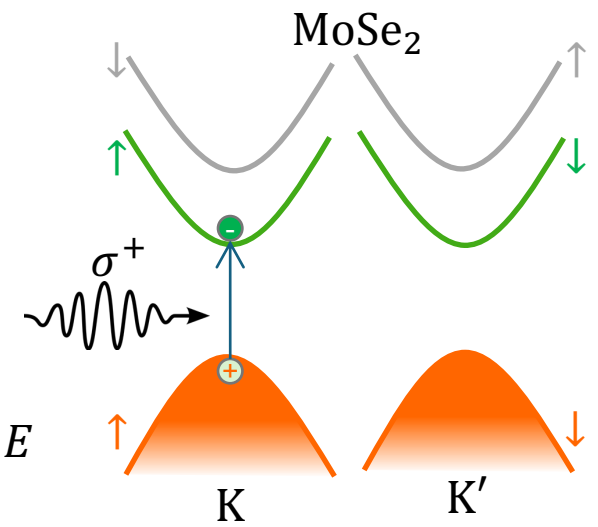
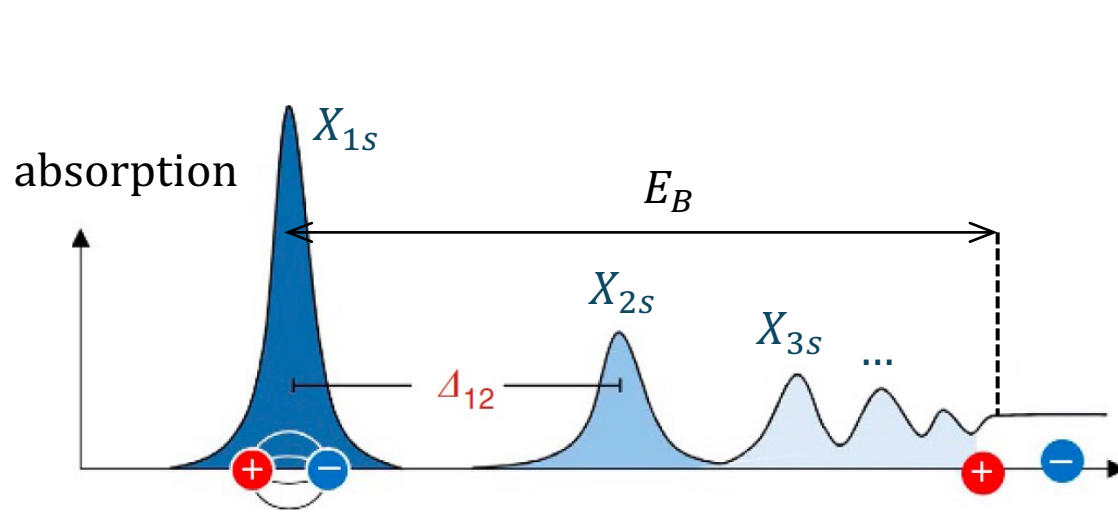
[Chernikov et al., PRL (2014)]

excitons in QWs

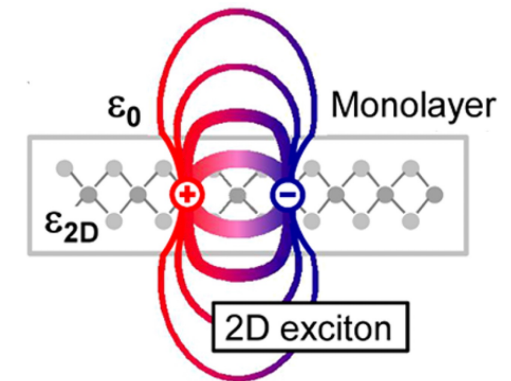
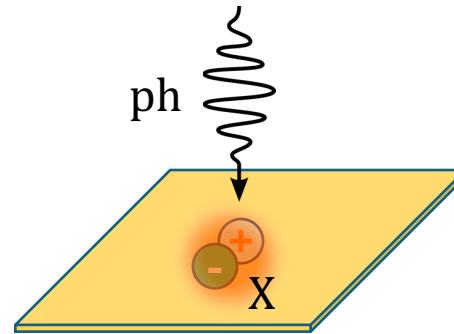
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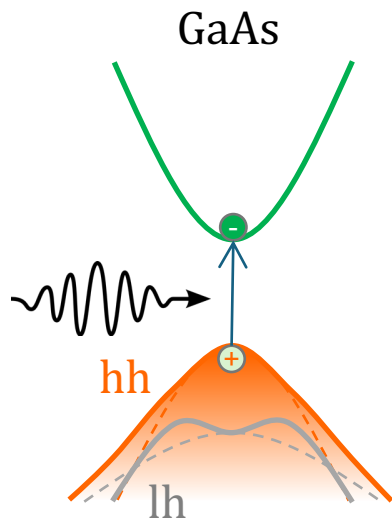


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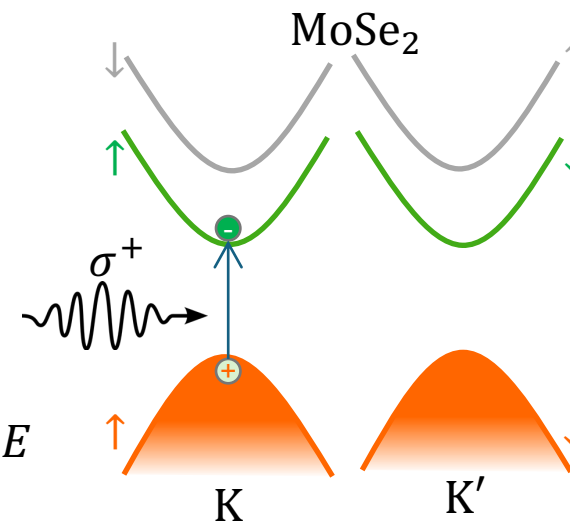
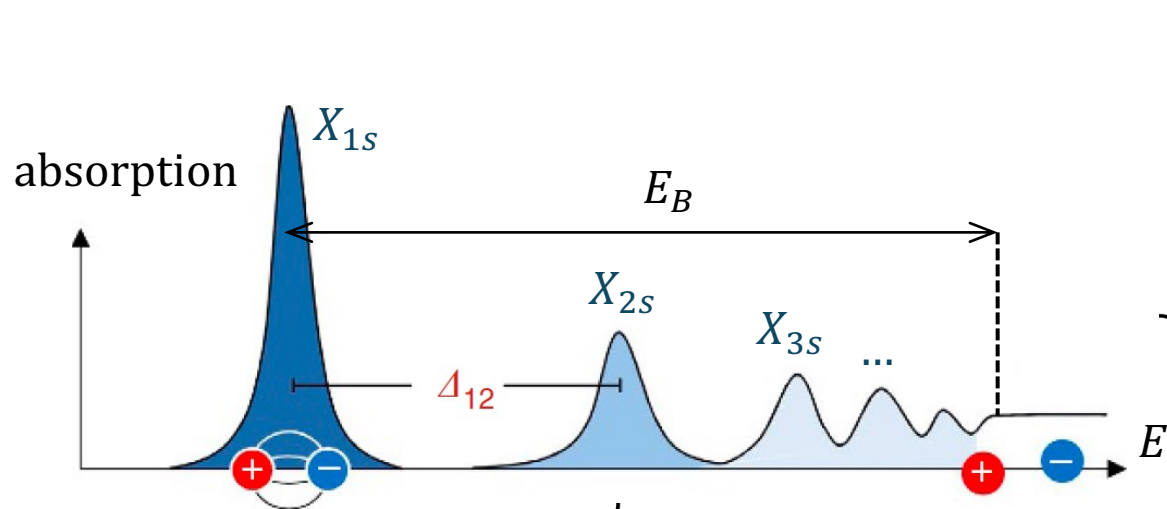


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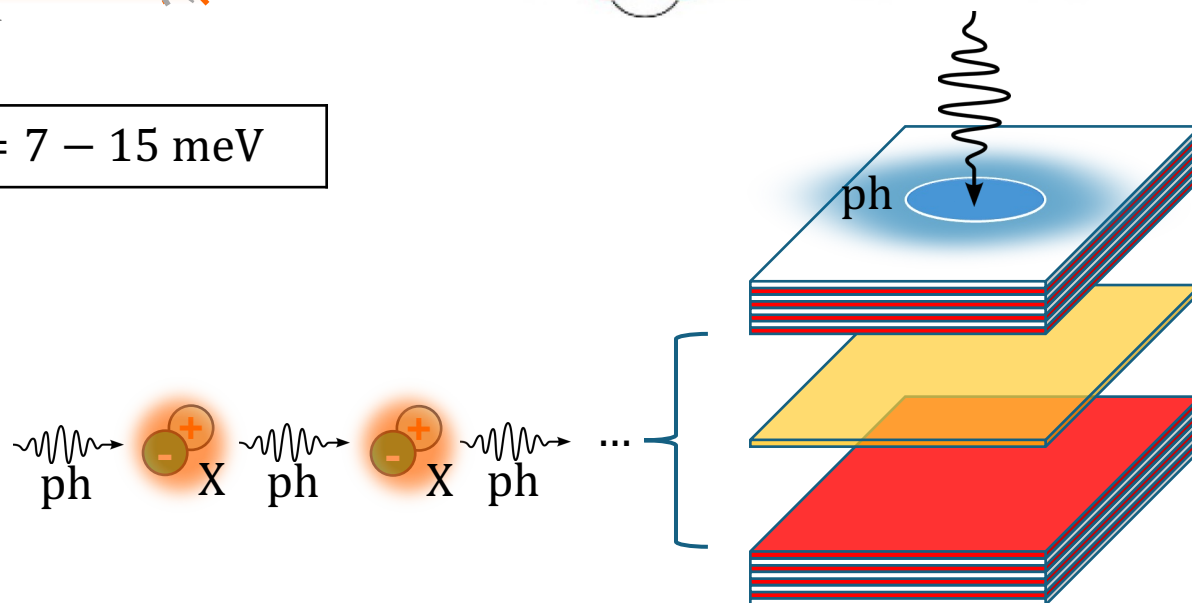
Polaritons



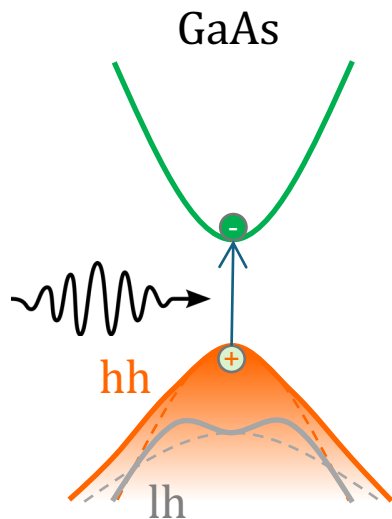
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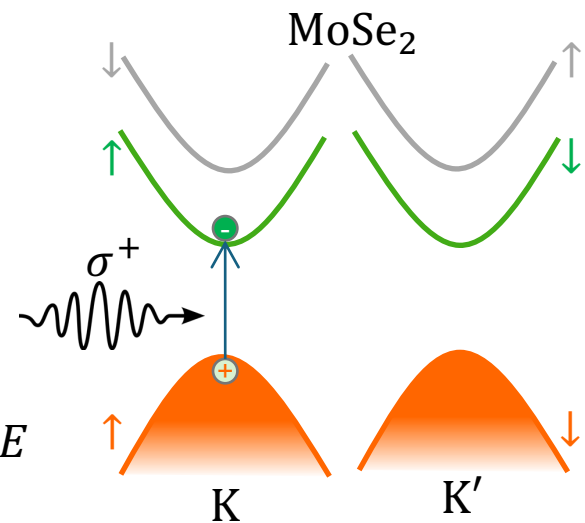
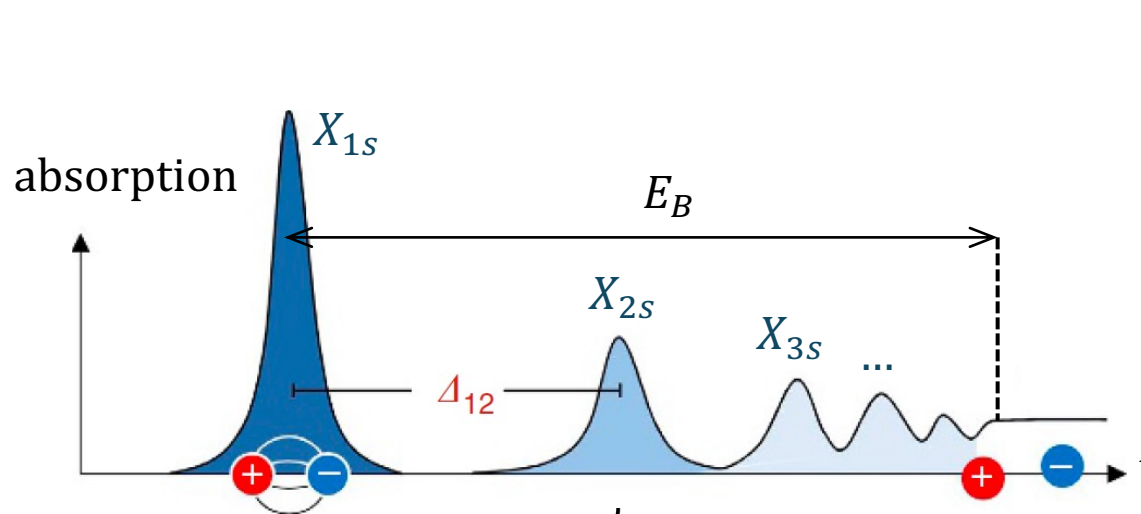
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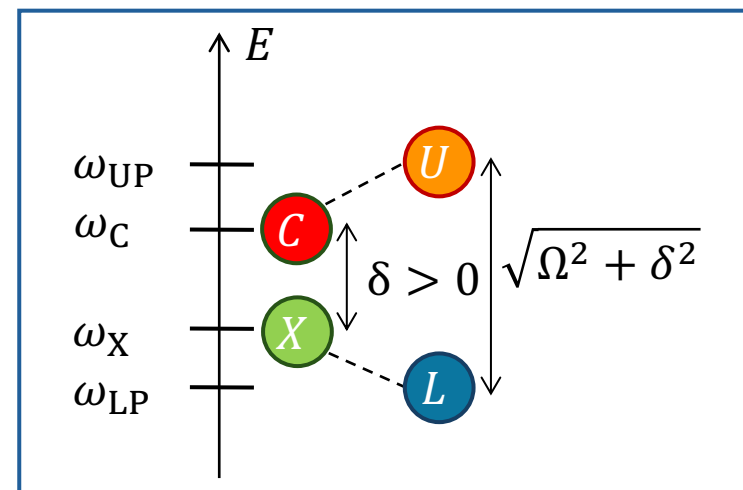
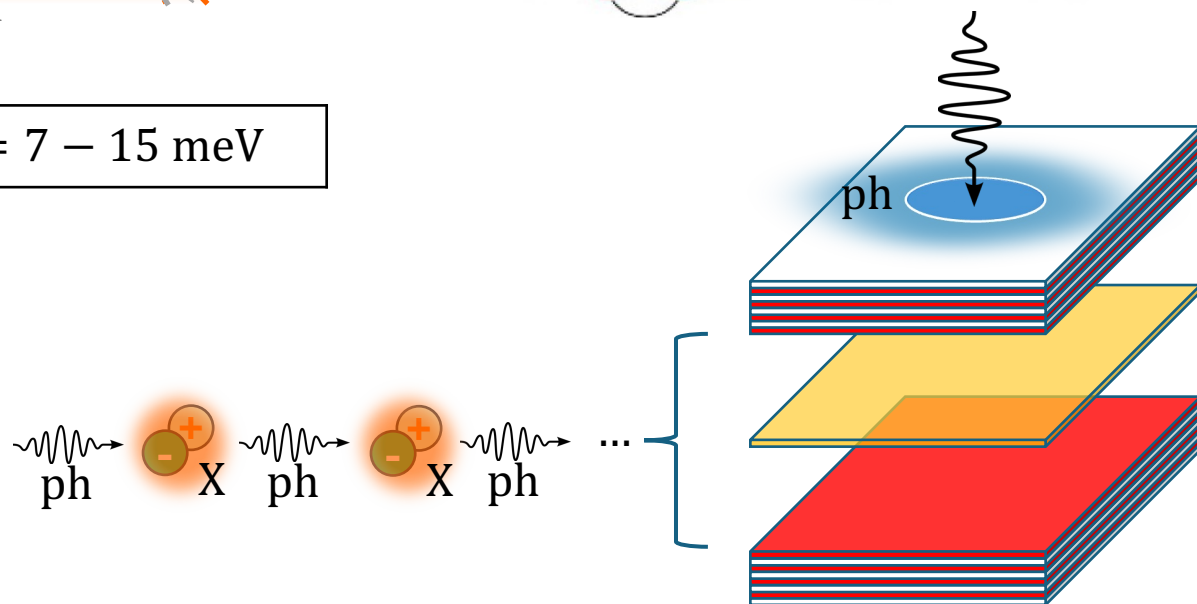
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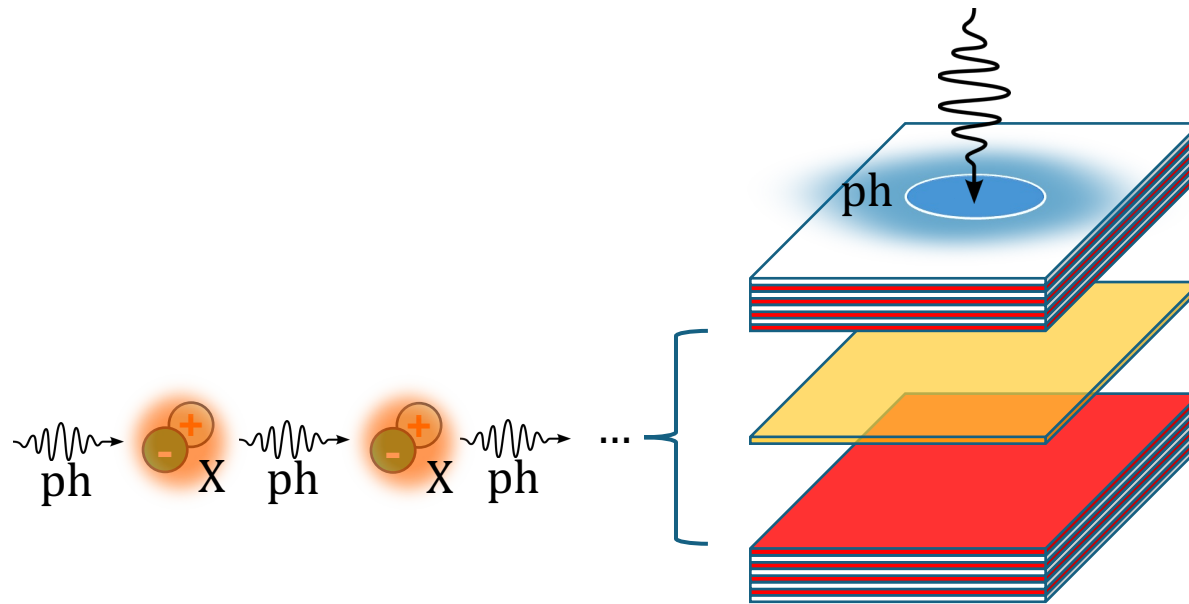
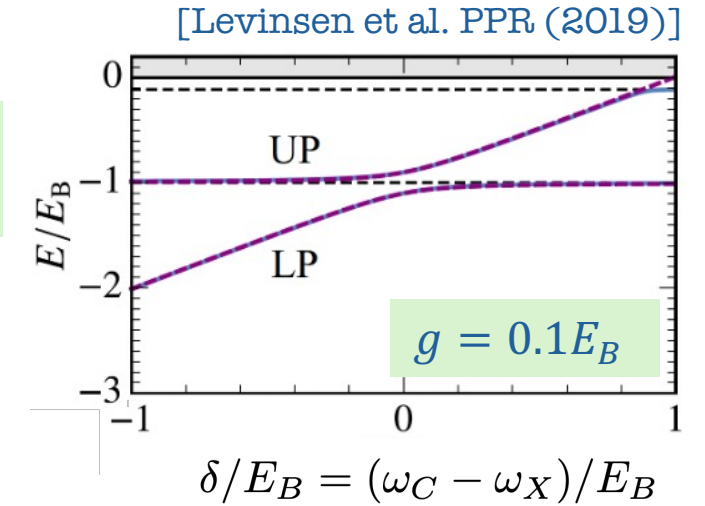


Polaritons: strong & very strong light-matter coupling

▷ Light-matter coupling $g = \frac{\Omega}{2}$

$g > \gamma$ strong energy transfer between excitons and photons

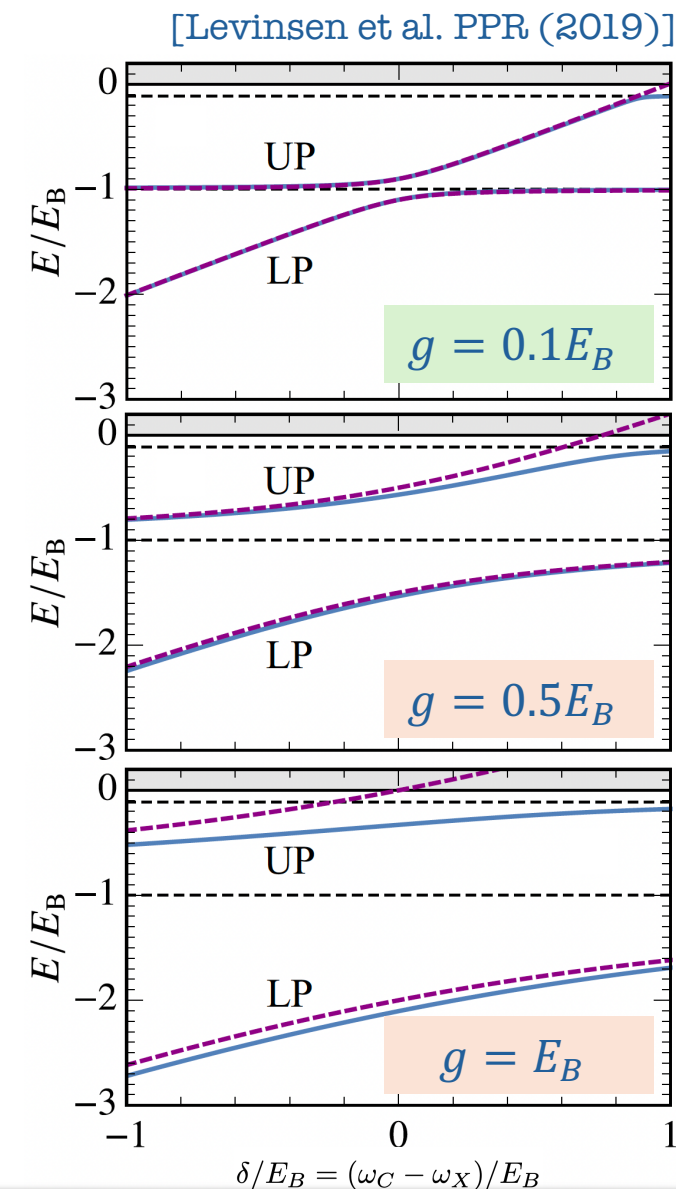
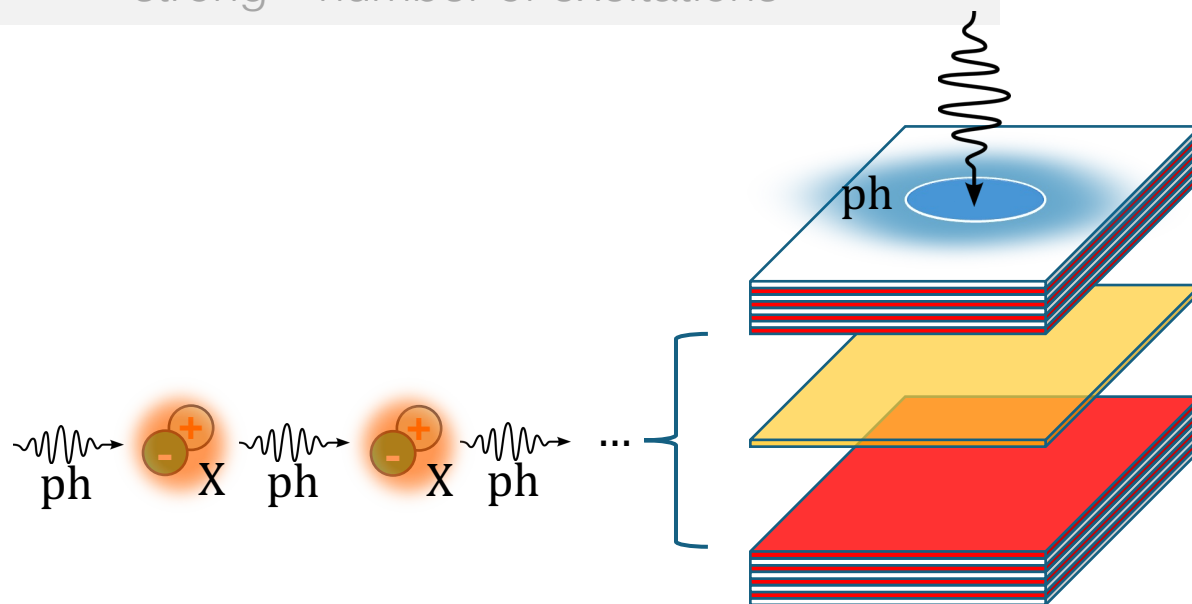
coupled oscillator model



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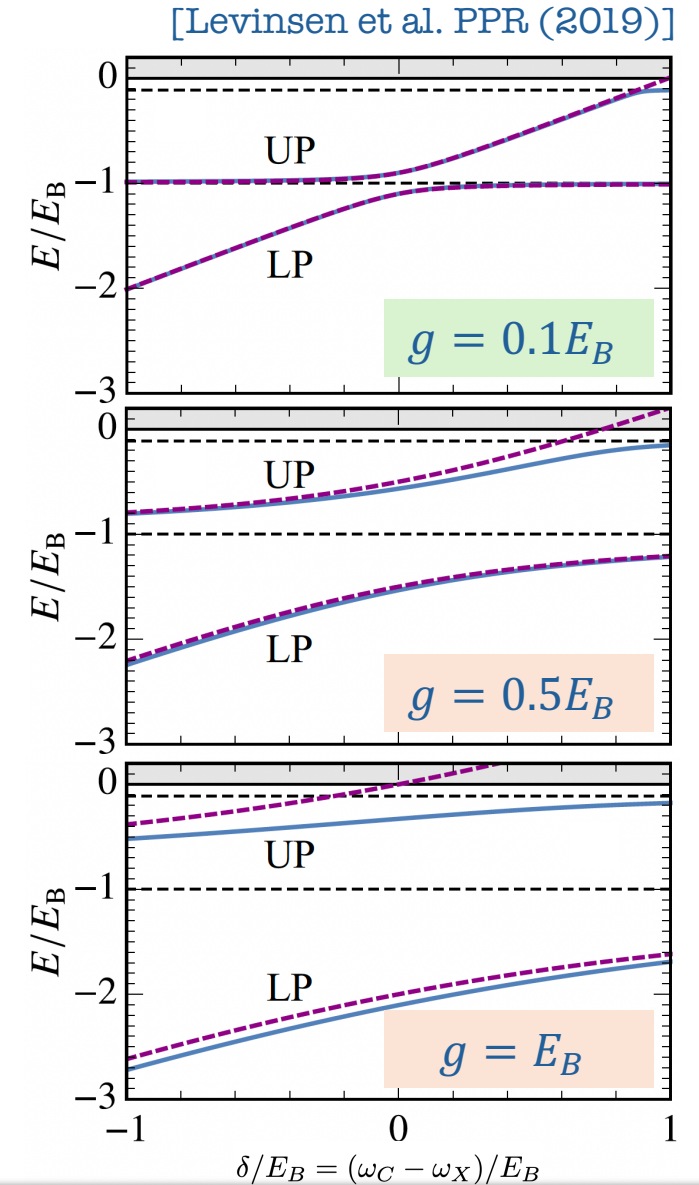
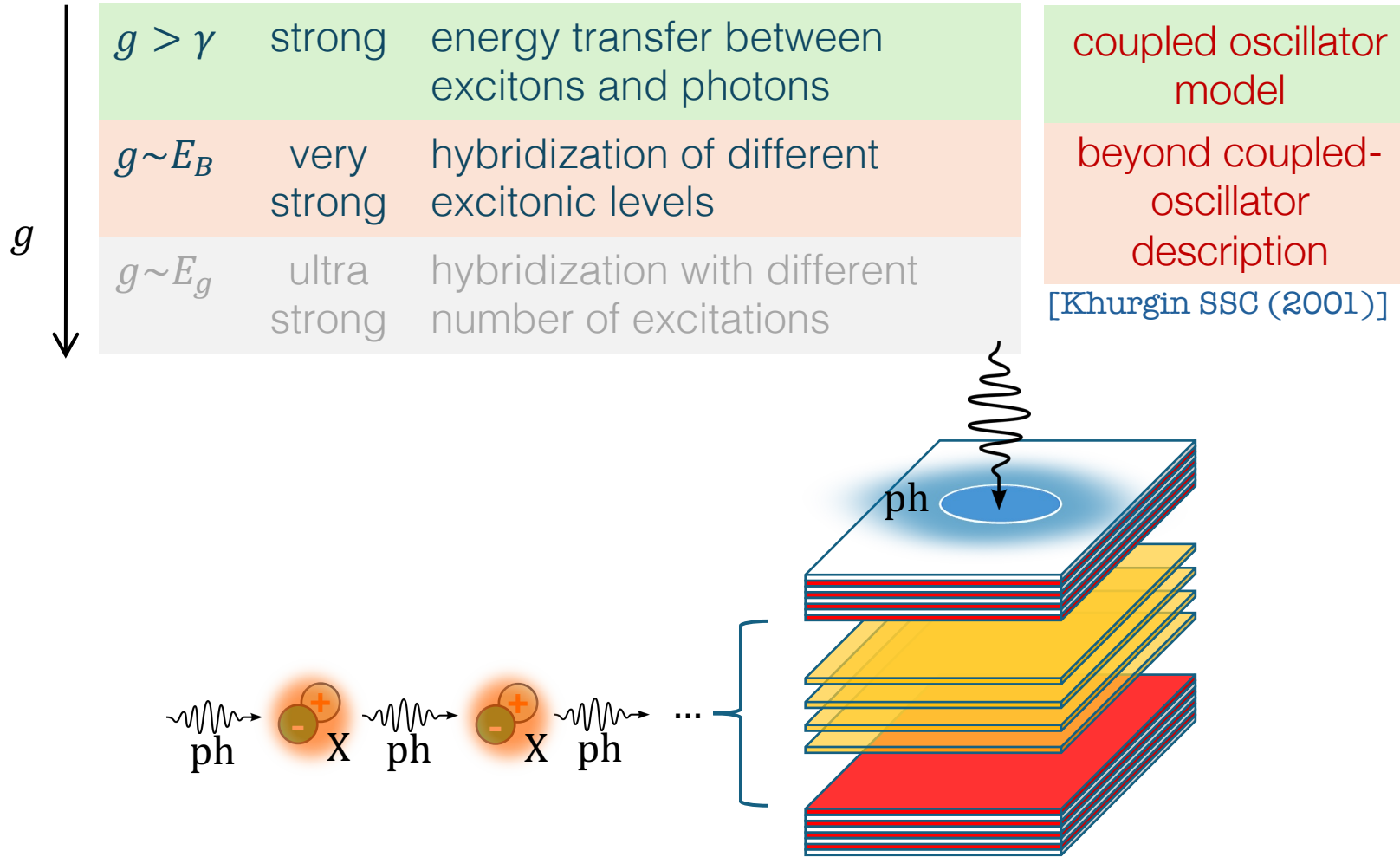
▷ Light-matter coupling $g = \frac{\Omega}{2}$

g ↓	$g > \gamma$	strong	energy transfer between excitons and photons	coupled oscillator model beyond coupled-oscillator description [Khurgin SSC (2001)]
	$g \sim E_B$	very strong	hybridization of different excitonic levels	
	$g \sim E_g$	ultra strong	hybridization with different number of excitations	



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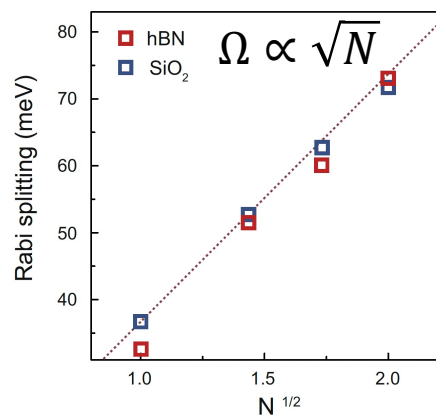


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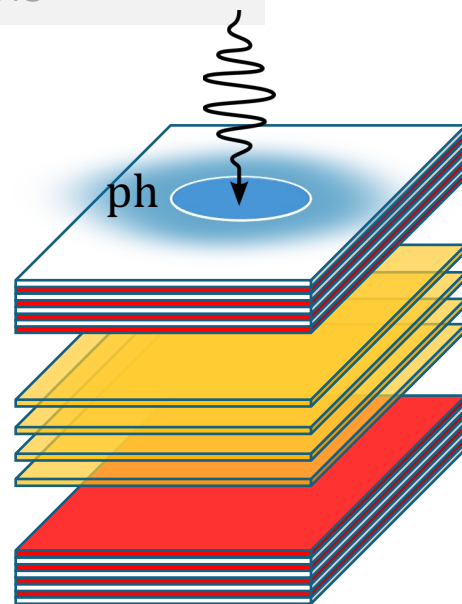
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[Zhao et al. Nat Comm (2023)]

[Brodbeck et al. PRL (2017)]

7nm 28 × GaAs QWs
 $\Omega = 17.4 \text{ meV}$
 $E_B = 13.5 \text{ meV}$
 $\frac{g}{E_B} \sim 0.64$



4 × $\begin{matrix} \text{S} \\ \text{W} \\ \text{S} \end{matrix}$ 0.7 nm

$\Omega = 71 \text{ meV}$
 $E_B \sim 180 \text{ meV}$
 $\frac{g}{E_B} \sim 0.2$

Magnetopolaritons: very strong light-matter coupling

▷ Light-matter coupling $g = \frac{\Omega}{2}$

▷ + magnetic field $\mathbf{B}$

Use diamagnetic shift to verify very strong coupling effects: [Yang et al. NJP (2015)]'s proposal

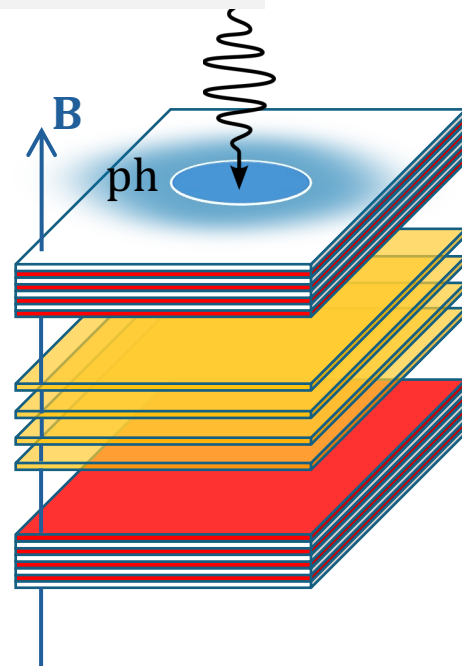
Probe the modifications of the e-h wavefunction due to very-strong coupling to light

g ↓

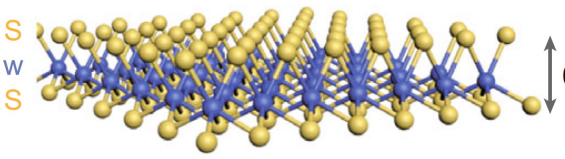
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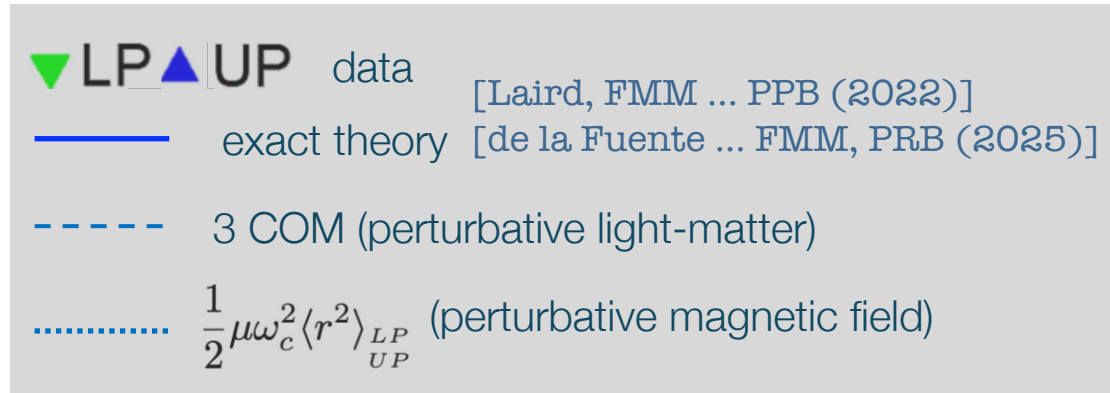
g ↓

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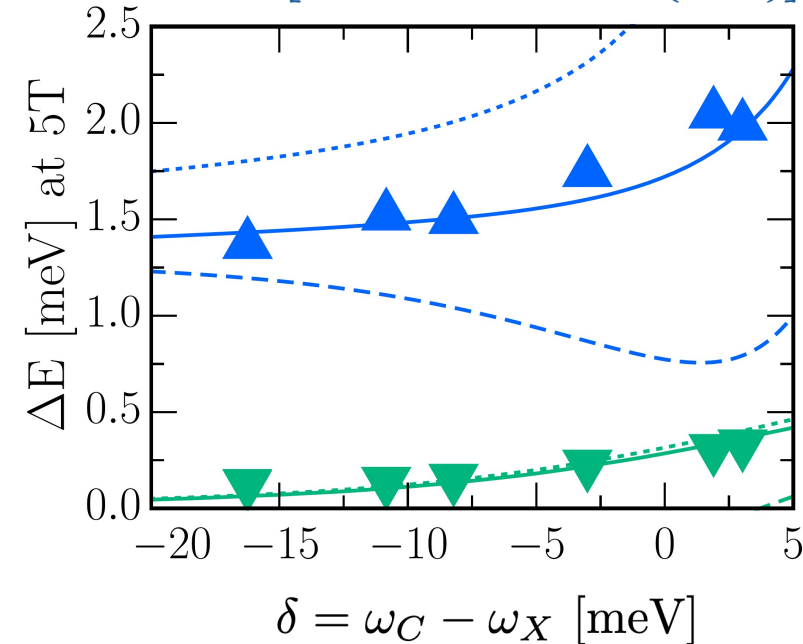
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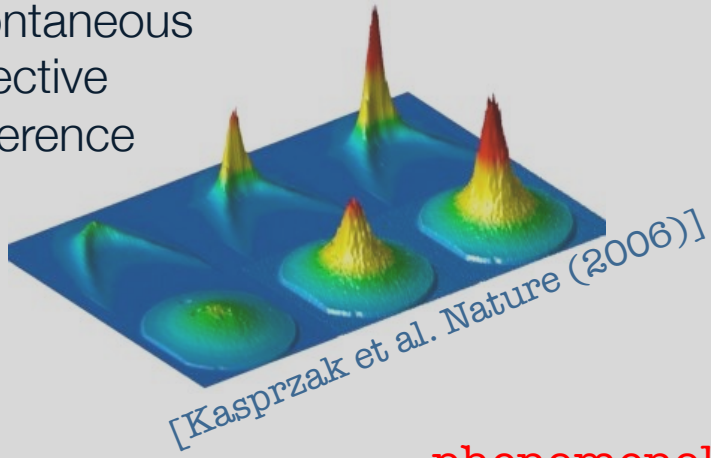
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19 years after polariton “condensation”: Towards quantum polaritonics

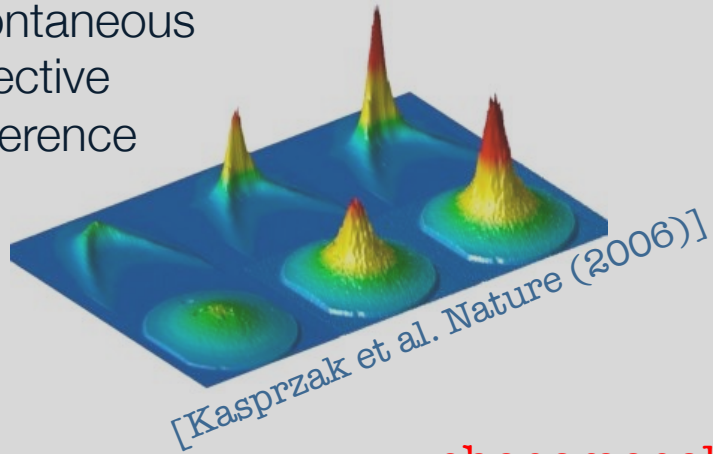
▷ Spontaneous
collective
coherence



phenomenology
of non-linear classical waves

19 years after polariton “condensation”: Towards quantum polaritonics

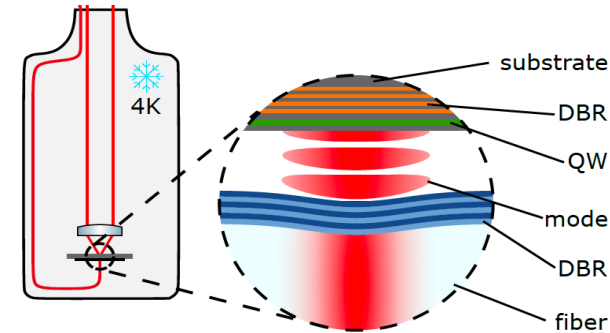
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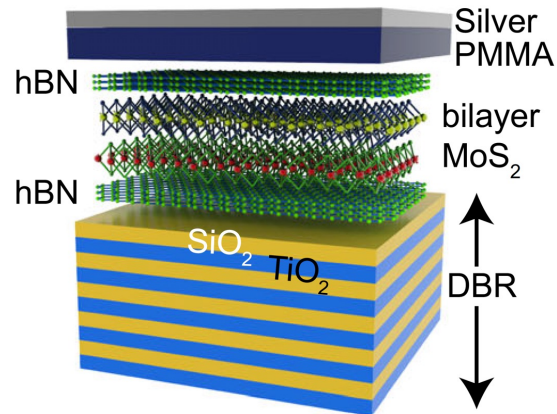
phenomenology
of non-linear classical waves

- ▷ Enhancing non-linearities by full confinement

fiber OD cavity [Delteil et al. Nature Mat (2019)]
[Munoz-Matutano et al. Nature Mat(2019)]



- ▷ Dipolar polaritons [Cristofolini et al. Science (2012)]



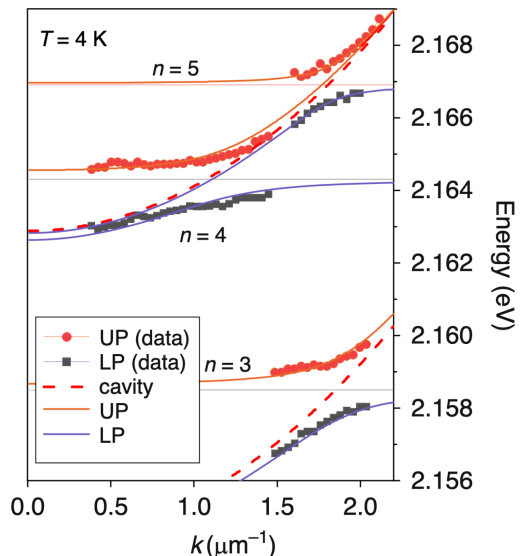
[Datta et al. Nature Comm (2022)]
[Louca et al. Nature Comm (2023)]

- ▷ Rydberg polaritons (Cu₂O, TMD monolayers)

see tomorrow
Matthew Jones's talk

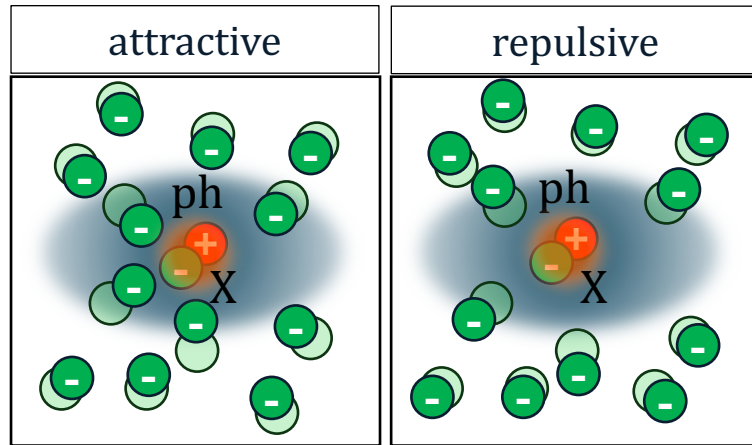
[Makhonin et al. *Light: Sci&App* (2024)]

[Orfanakis et al. Nat Mat (2022)]

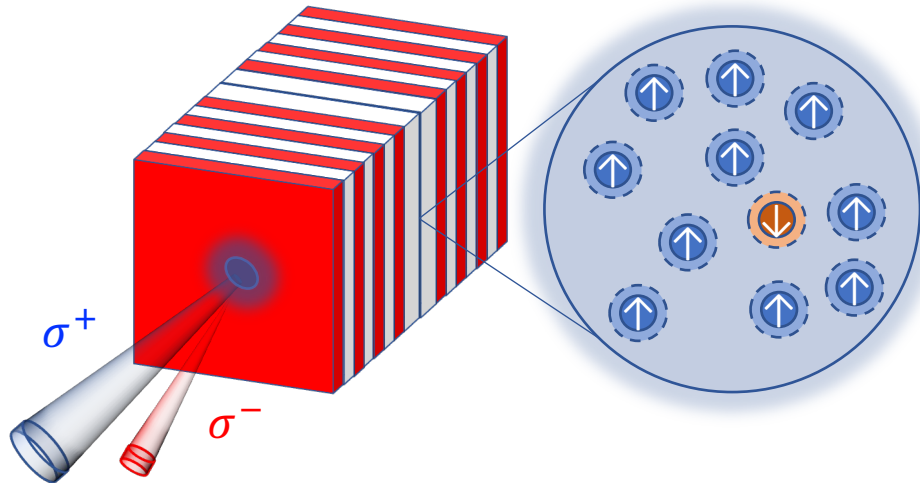


Towards quantum polaritonics: beyond mean-field effects

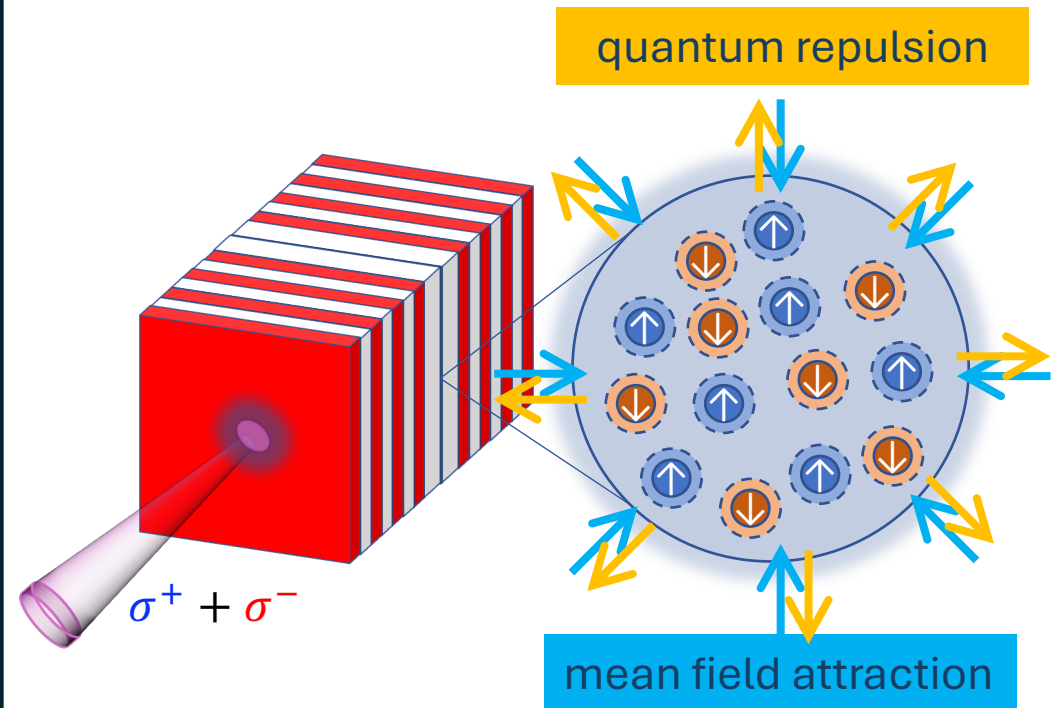
- ▷ Quantum impurity problems
 - Fermi polaron polaritons



- Bose polaron polaritons



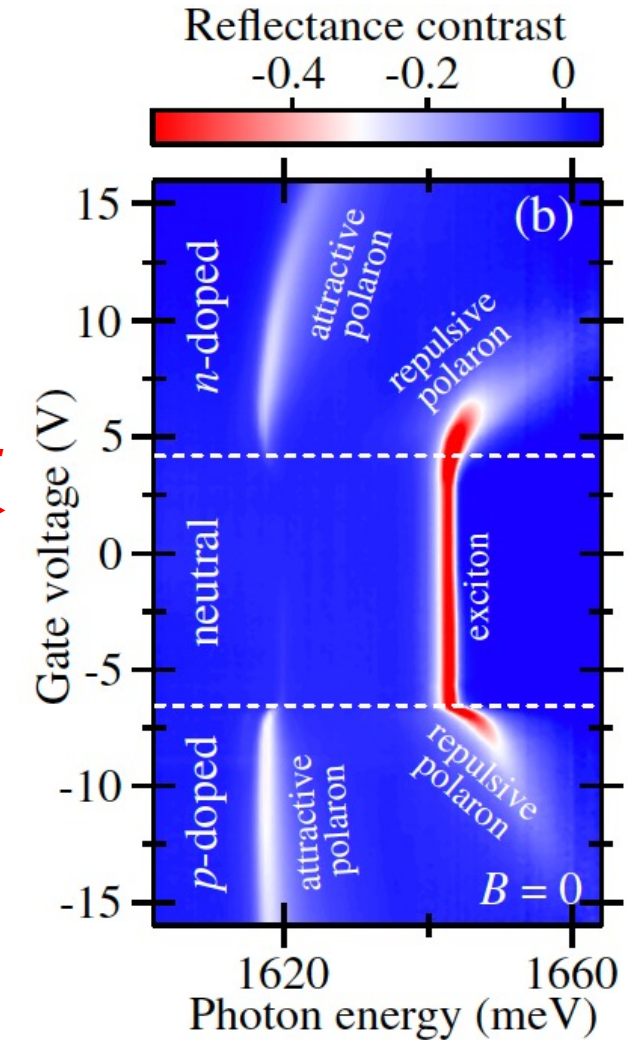
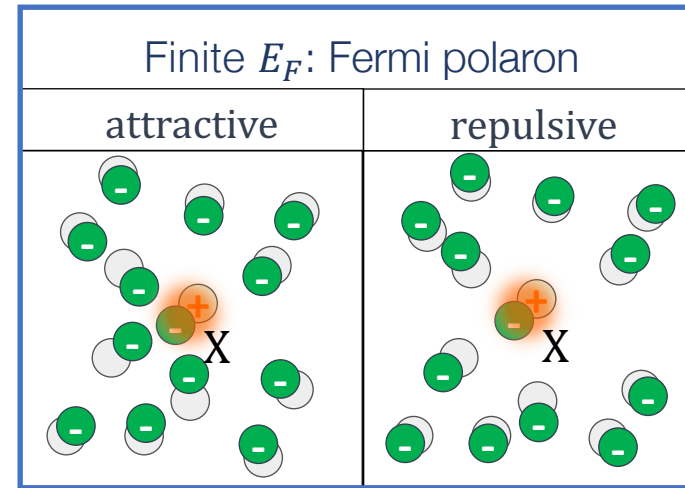
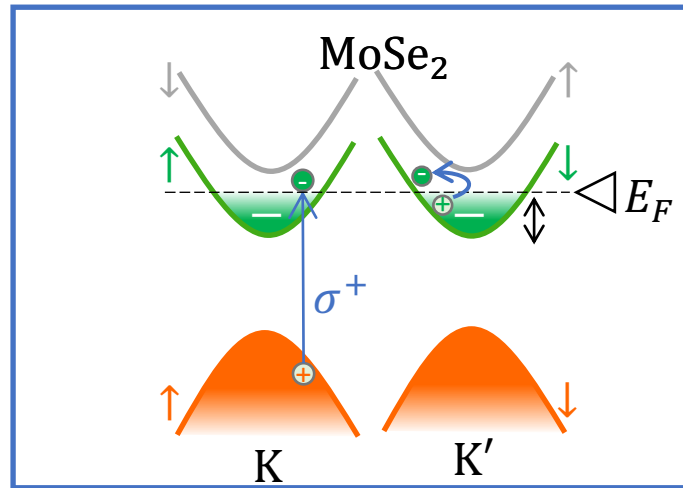
- ▷ Quantum droplets of matter-light quasiparticles



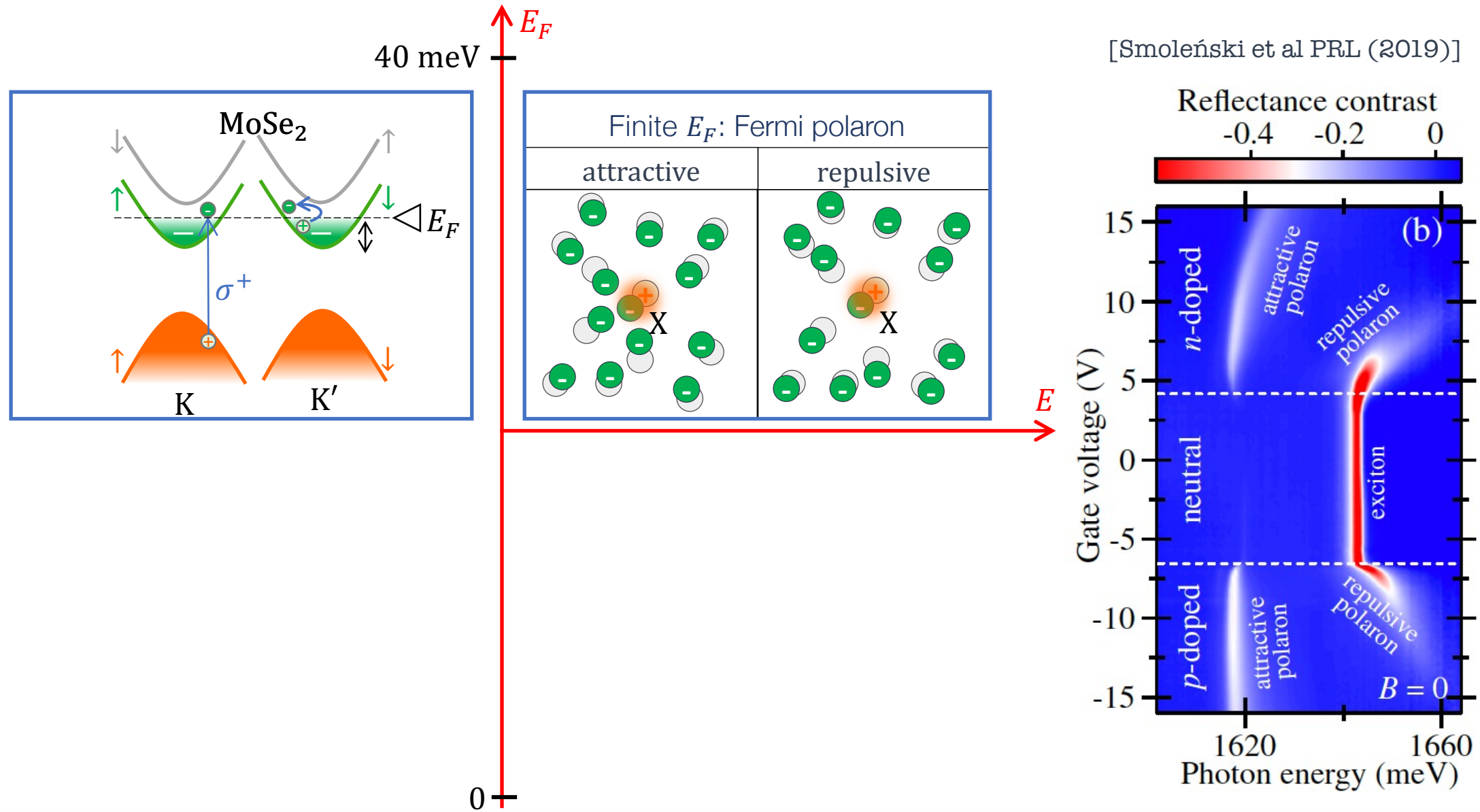
2. Fermi polaron (polaritons) in gated/doped TMD monolayers

Fermi polarons, excitons & trions in gated/doped TMD monolayers

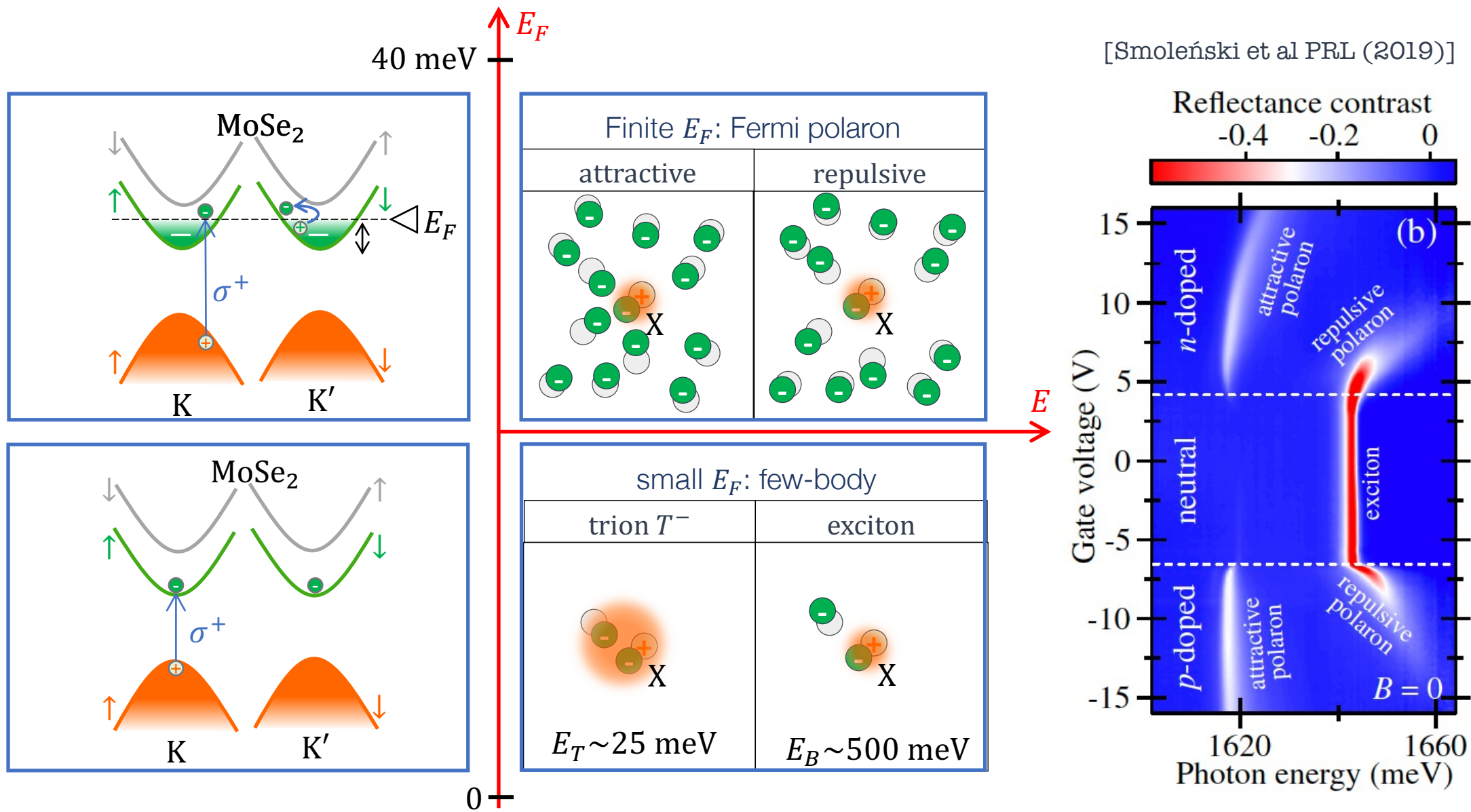
[Smoleński et al PRL (2019)]



Fermi polarons, excitons & trions in gated/doped TMD monolayers



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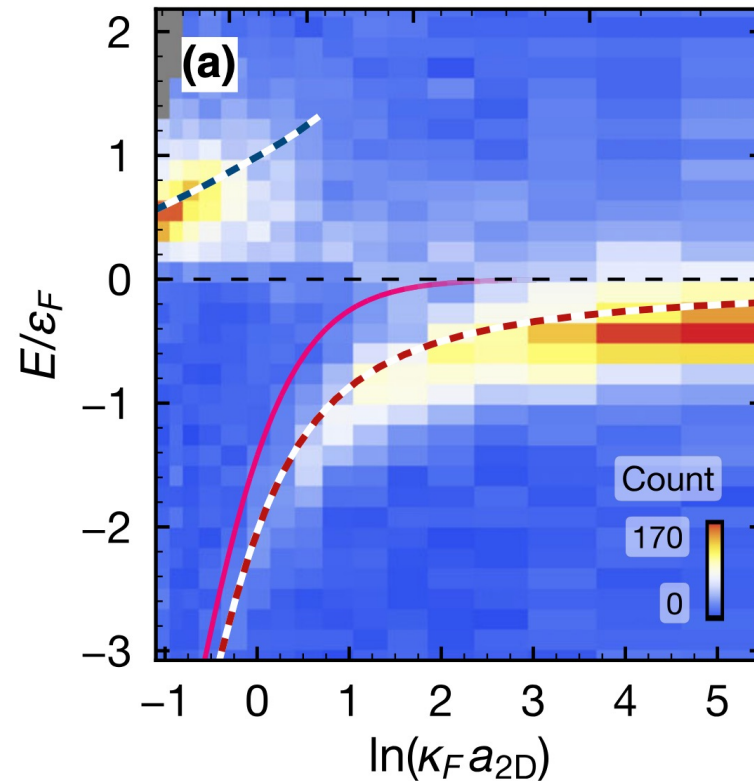


Ultra-cold atoms vs 2D semiconductor experiments

2D spin-imbalanced Fermi
gas of ^{173}Yb atoms

Magnetic field (G)

50 100 150 200



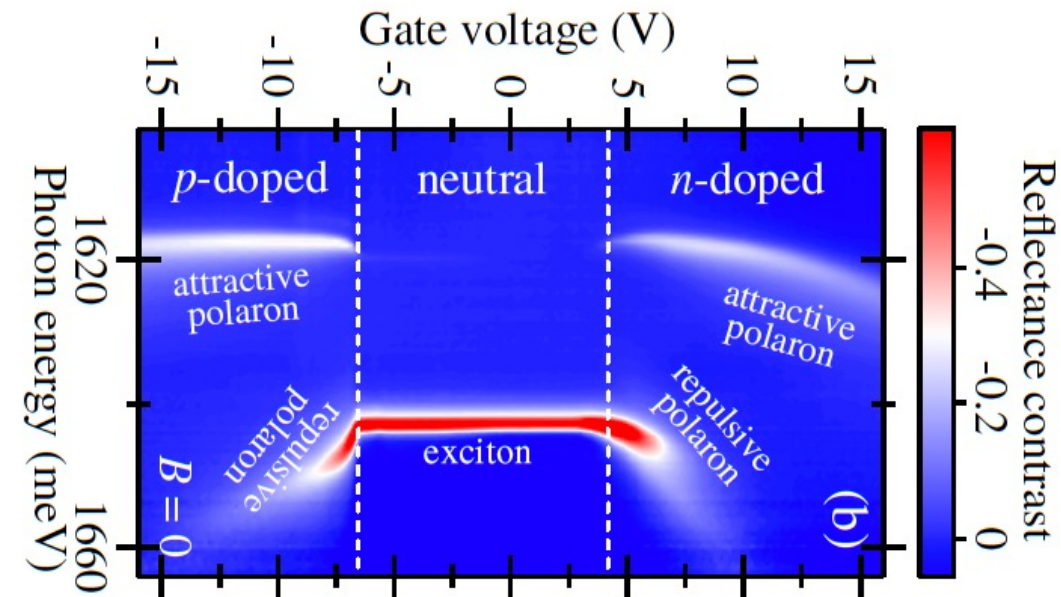
[Darkwah Oppong et al. PRL (2019)]

[Schiotzek et al. PRL (2009)]

[Koschorreck et al. Nature (2012)]

...

[Smoleński et al PRL (2019)]



From Fermi & Bose polaron polaritons to quantum droplets of light

Variational approach at zero and finite temperature

▷ Chevy's Ansatz



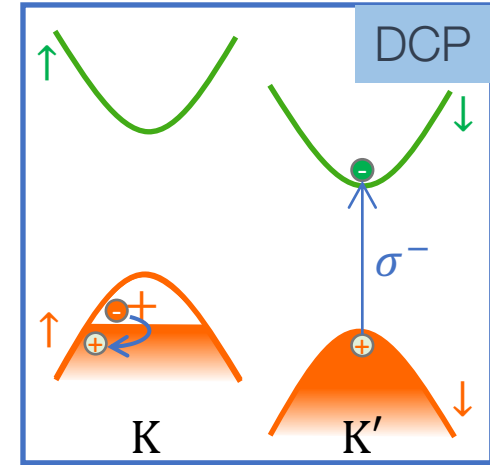
trion-hole

$$\hat{x}_0^\dagger(t) \simeq \varphi_0(t) \hat{x}_0^\dagger + \frac{1}{\mathcal{A}} \sum_{\mathbf{k}, \mathbf{q}} \varphi_{\mathbf{k}\mathbf{q}}(t) \hat{x}_{\mathbf{q}-\mathbf{k}}^\dagger \hat{c}_{\mathbf{k}}^\dagger \hat{c}_{\mathbf{q}}$$

[Sidler et al Nature Phys (2016)]

[Efimkin & MacDonald PRB (2017)]

[long list in cold atoms]



Absorption spectrum at $T = 0$

▷ Chevy's Ansatz



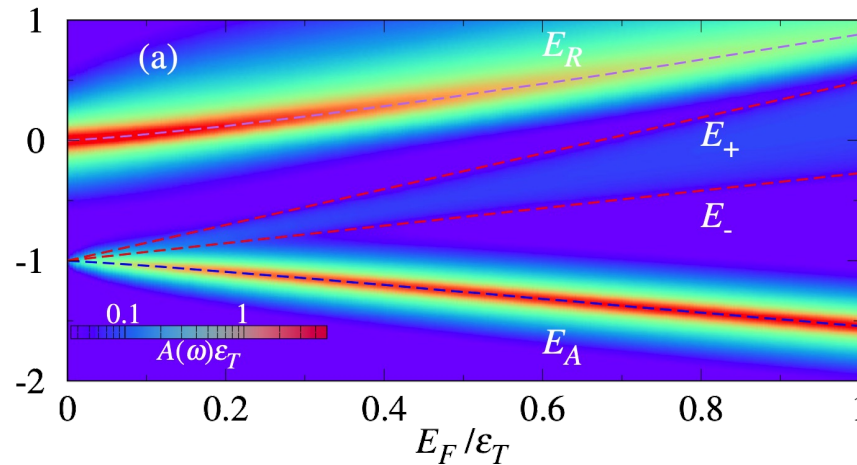
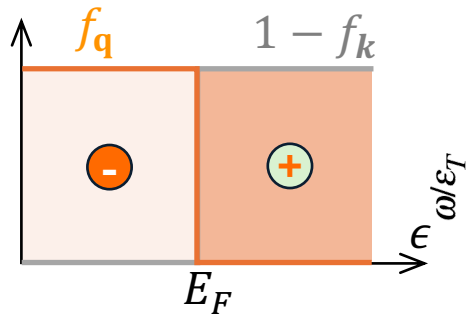
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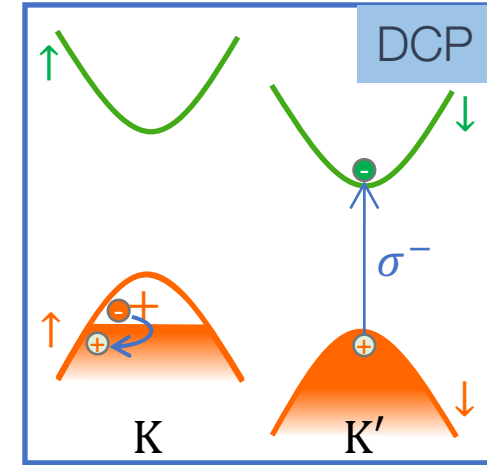
$$E_R = \text{Re}\Sigma(E_R)$$

trion-hole continuum

$$E_- = E_T^{(\mathbf{k}_F)} - E_F$$

$$E_+ = E_T^{(0)}$$

$$E_A = \text{Re}\Sigma(E_A)$$



Absorption spectrum at finite T

▷ Chevy's Ansatz



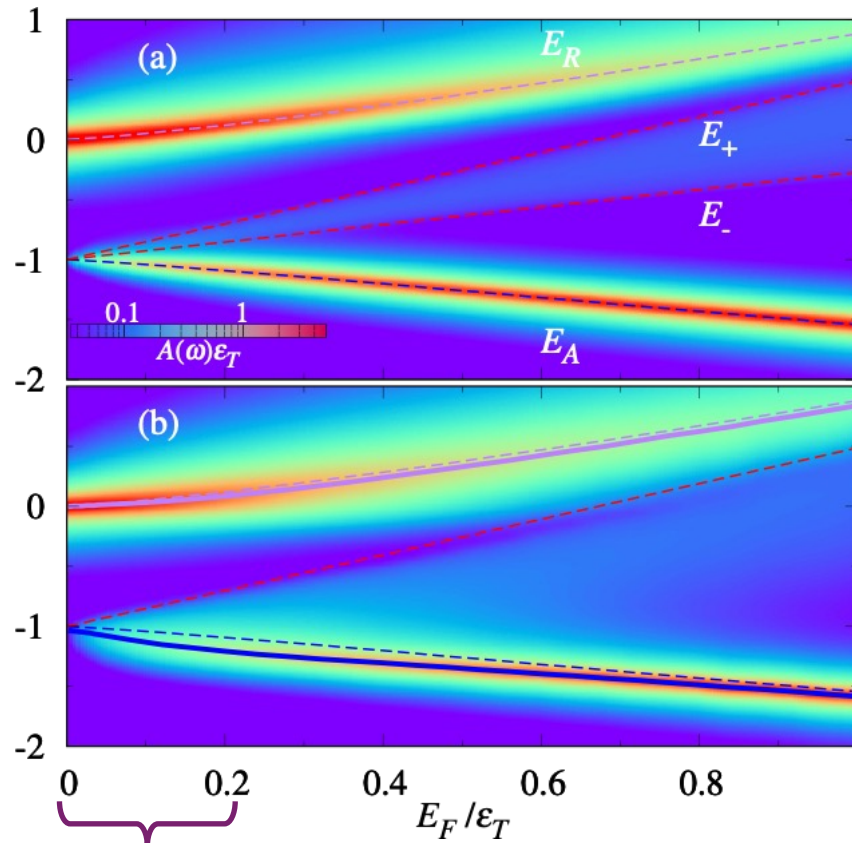
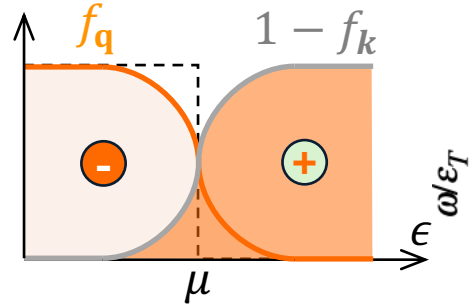
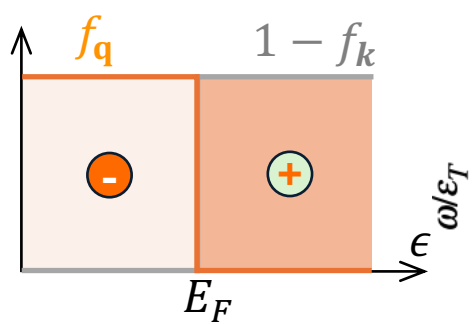
trion-hole

$$\hat{x}_0^\dagger(t) \simeq \varphi_0(t)\hat{x}_0^\dagger + \frac{1}{\mathcal{A}} \sum_{\mathbf{k}, \mathbf{q}} \varphi_{\mathbf{k}\mathbf{q}}(t) \hat{x}_{\mathbf{q}-\mathbf{k}}^\dagger \hat{c}_{\mathbf{k}}^\dagger \hat{c}_{\mathbf{q}}$$

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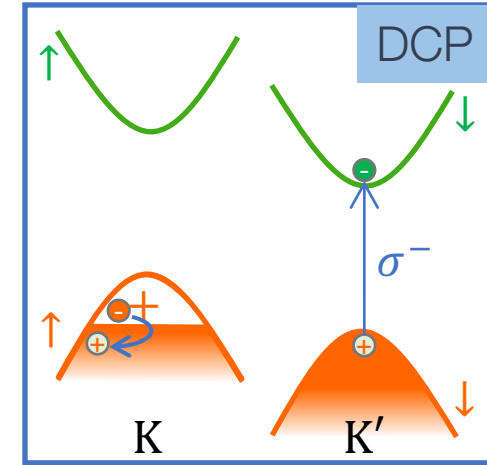
$$E_R = \text{Re}\Sigma(E_R)$$

trion-hole continuum

$$E_- = E_T^{(\mathbf{k}_F)} - E_F$$

$$E_+ = E_T^{(0)}$$

$$E_A = \text{Re}\Sigma(E_A)$$



[Tiene ... FMM, PRB (2023)]

[Mulkerin ... FMM ... PRL (2023)]

Dashed

$T = 0 \text{ K}$

Continuous

$T = 50 \text{ K} = 0.17 \epsilon_T$

NO well-defined attractive QP when $k_B T > E_F$ ($E_A \neq \text{Re}\Sigma(E_A)$): trion-continuum instead

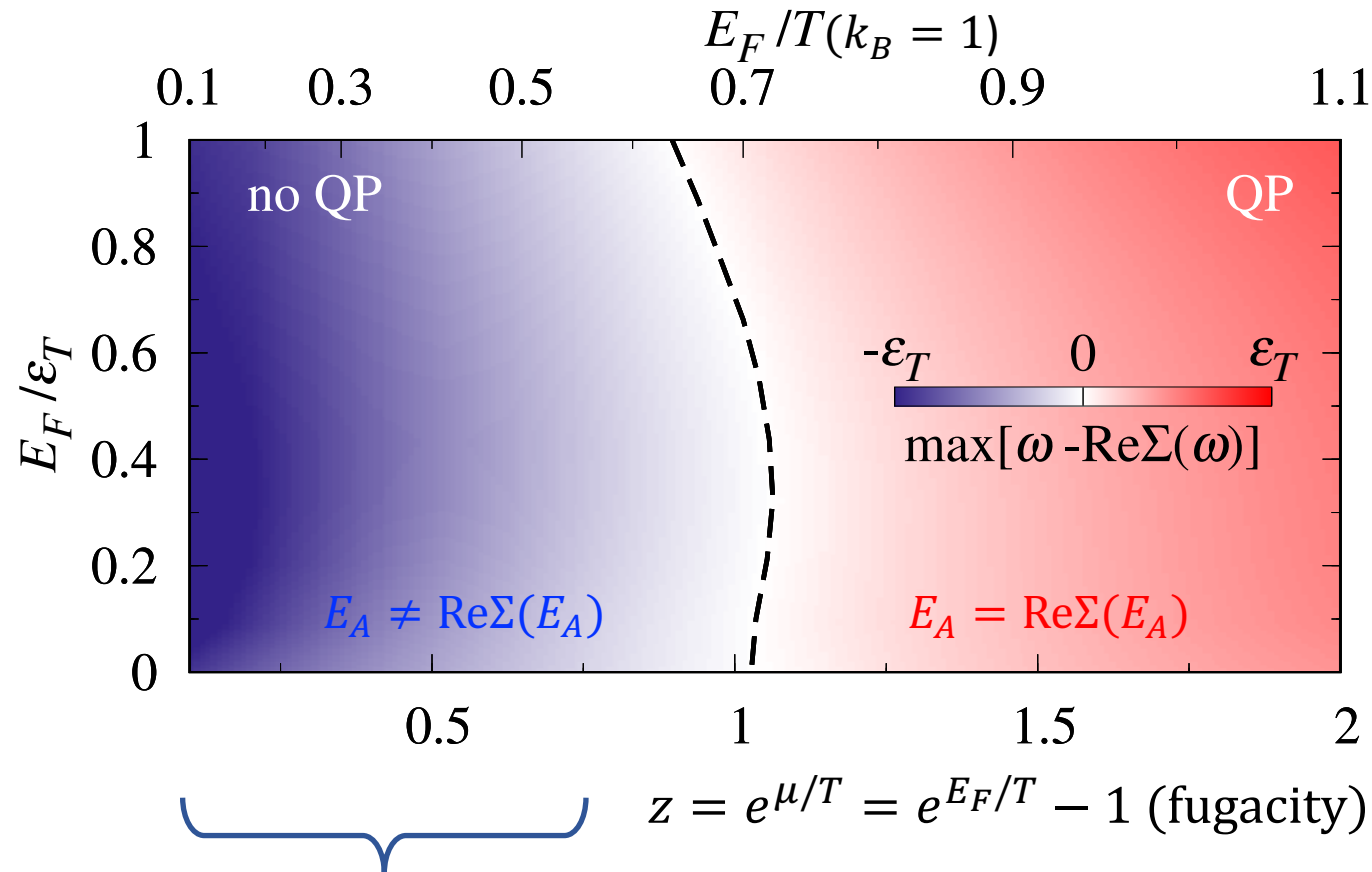
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Attractive polaron to trion-continuum crossover

[Tiene ... FMM, PRB (2023)]
[Mulkerin ... FMM ... PRL (2023)]

incoherent trion-continuum regime ←

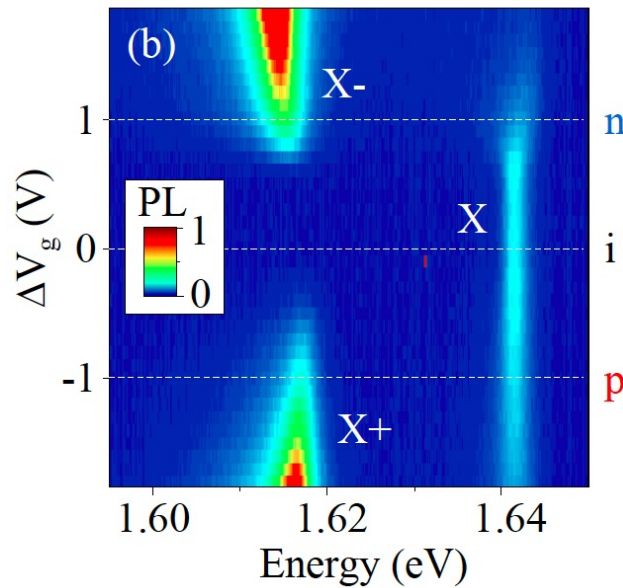
→ Attractive polaron regime



exact quantum virial expansion $z \ll 1$ ($T \gg E_F$)

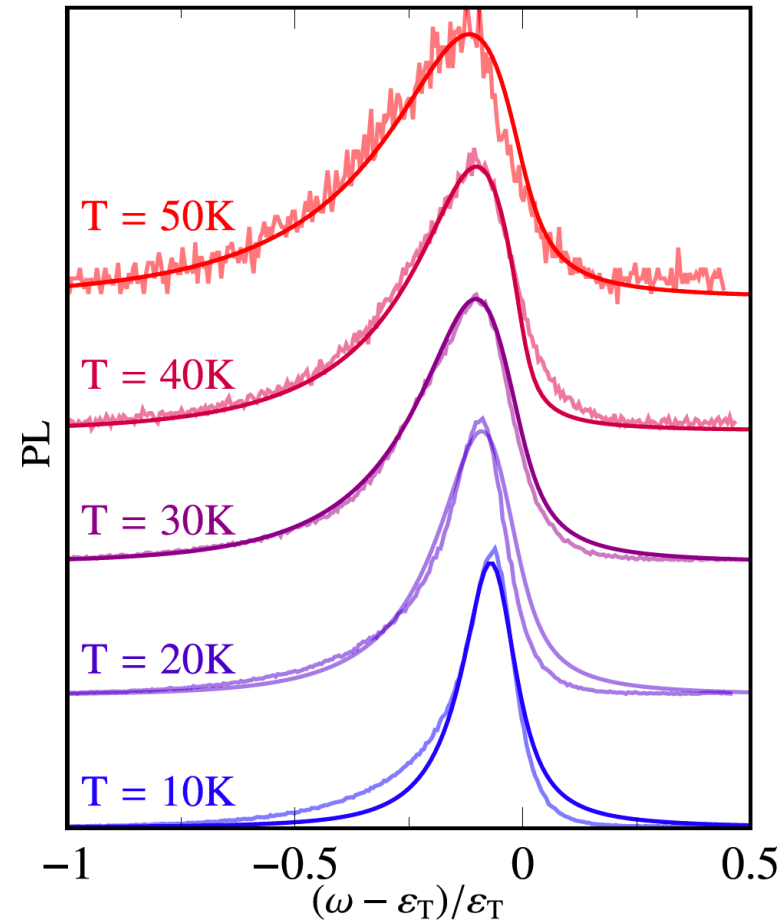
Comparison to experiments [Zipfel et al, PRB (2022)] & electron recoil

- ▷ MoSe₂ monolayer
 - hole doping
 - $n \simeq 0.5 \times 10^{11} \text{ cm}^{-2}$
 - $T = 5 - 50 \text{ K}$



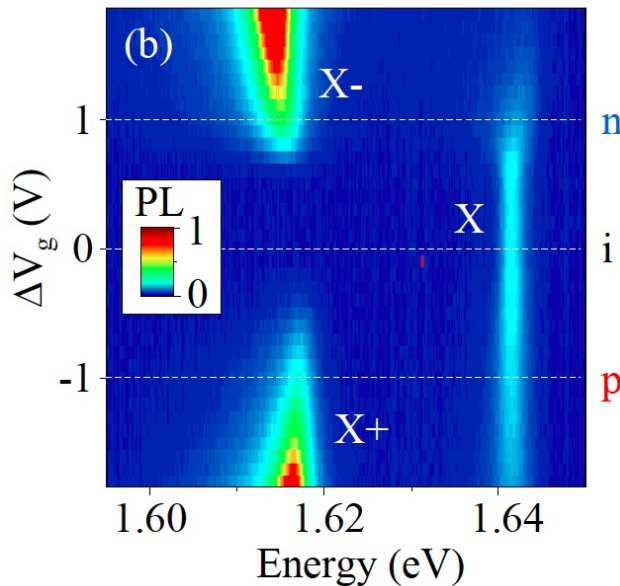
- ▷ Comparison with polaron theory (no fitting parameters!)

[Tiene ... FMM, PRB (2023)]
[Mulkerin ... FMM ... PRL (2023)]

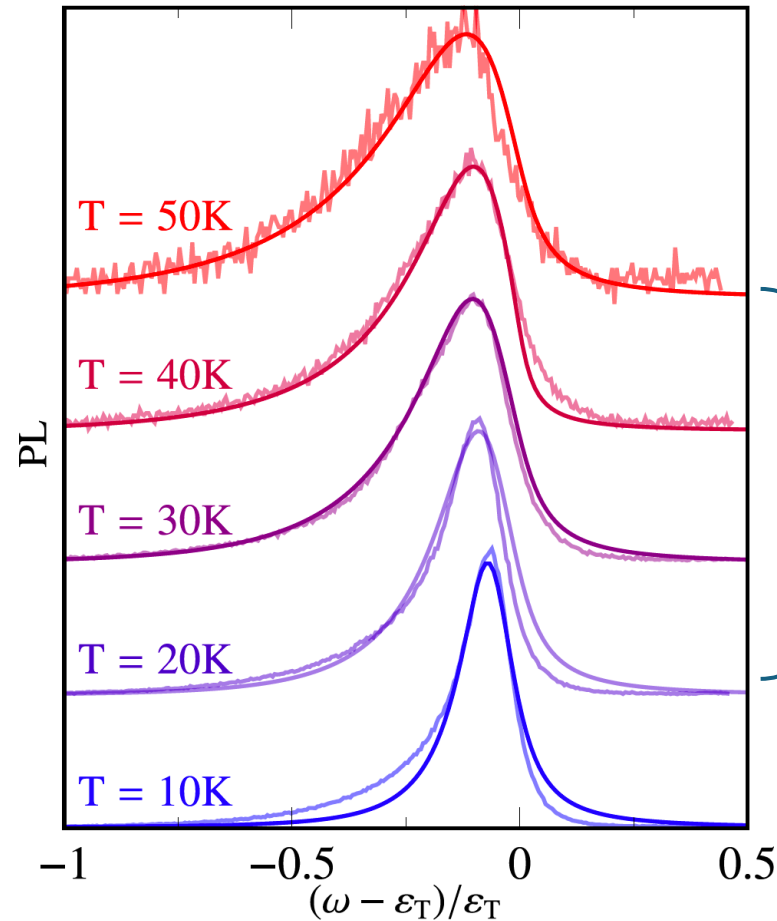


Comparison to experiments [Zipfel et al, PRB (2022)] & electron recoil

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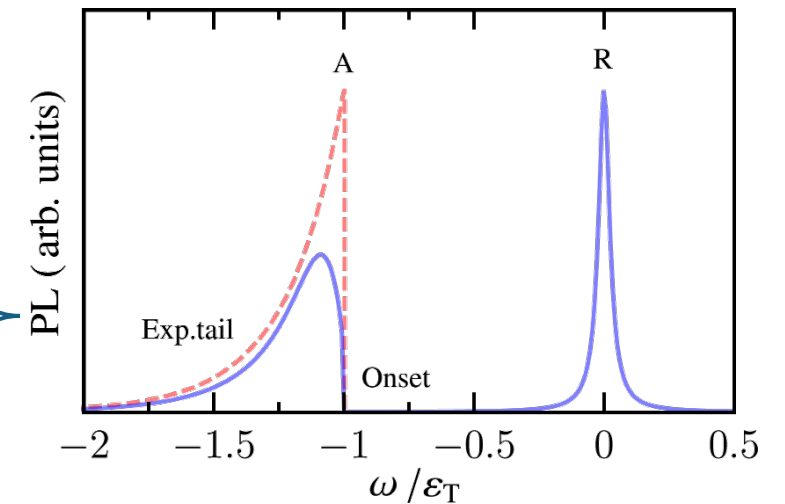


- ▷ Comparison with polaron theory (no fitting parameters!)



[Tieme ... FMM, PRB (2023)]
[Mulkerin ... FMM ... PRL (2023)]

$z \ll 1$
analytical: virial expansion



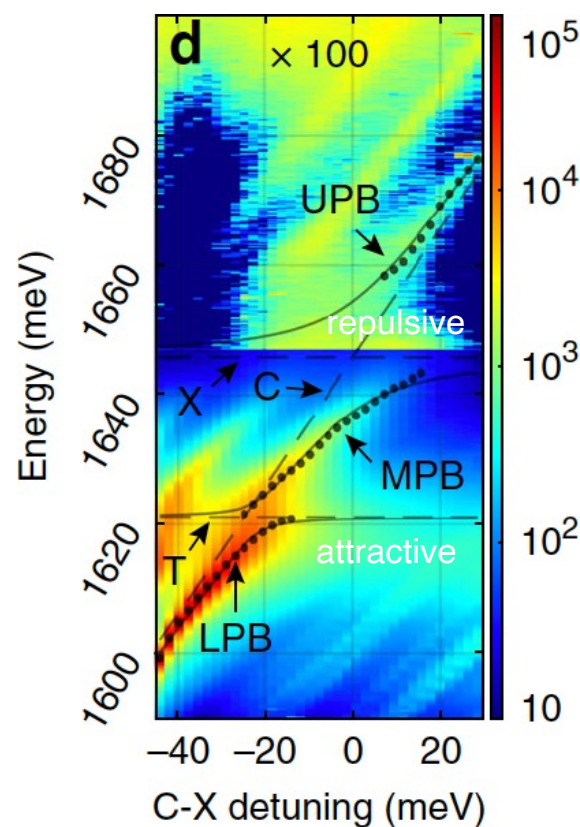
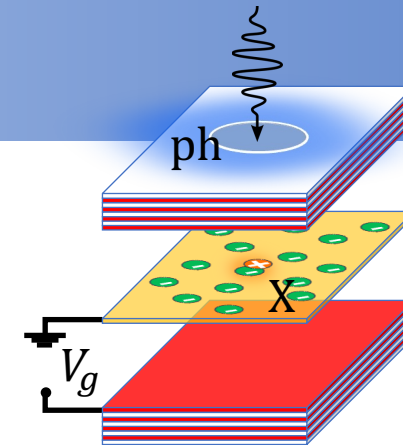
Recover electron recoil effect for exponential tail at

$\omega \ll -\epsilon_T$
[Esser et al, PRB (2000)]

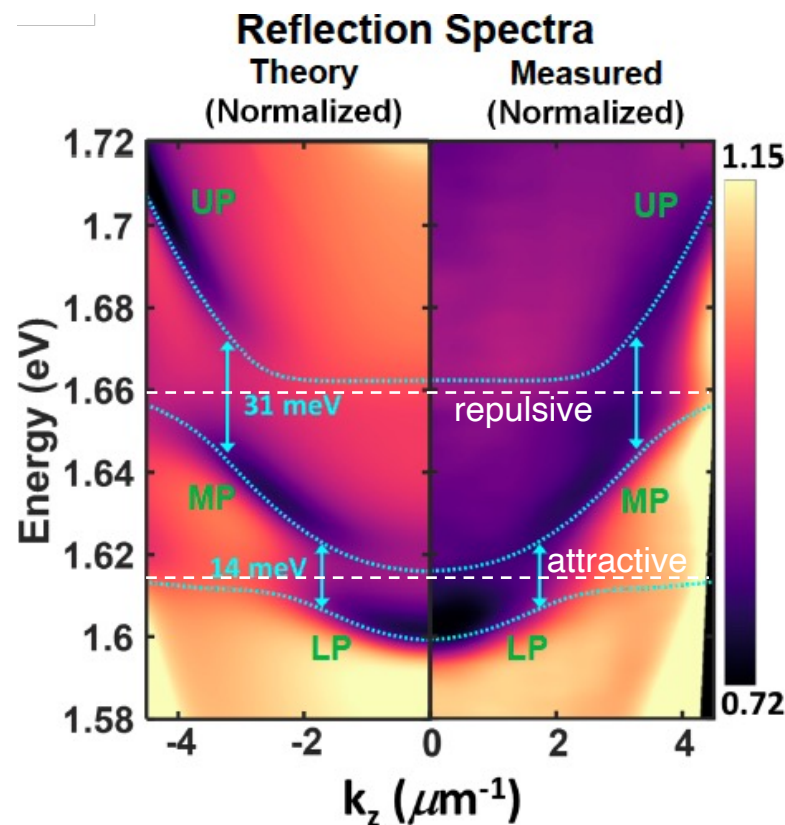
$$P(\omega) \sim e^{\frac{\omega m_h}{T m_X}}$$

Fermi polaron polaritons

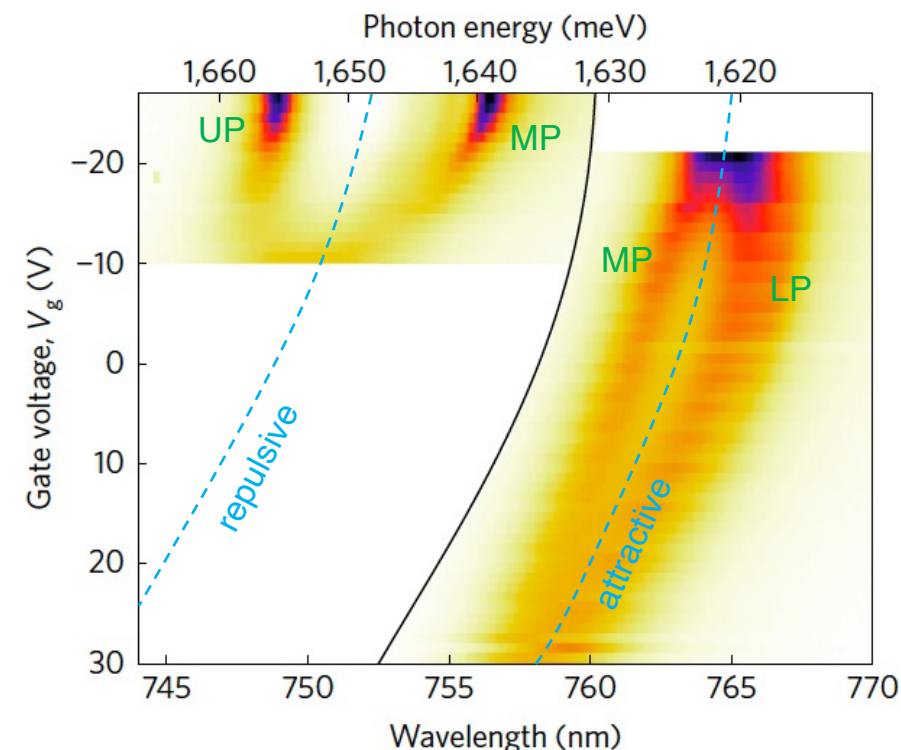
- ▷ two anti-crossings with attractive & repulsive branches
- 3 polariton branches: LP, MP, UP



[Emmanuele et al Nat Comm (2020)]



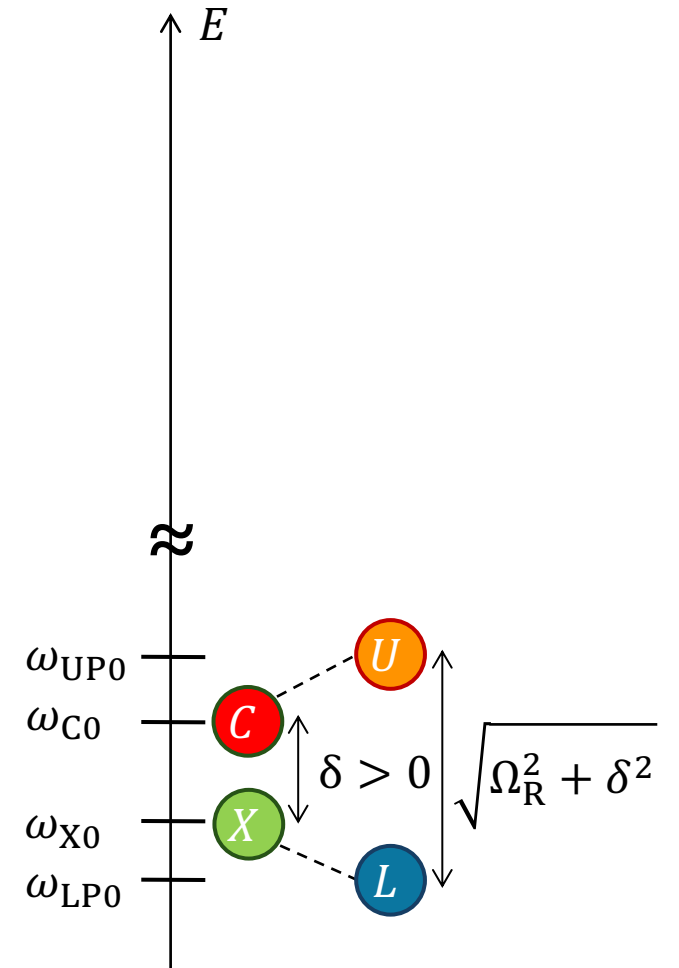
[Koksal et al PRR (2021)]



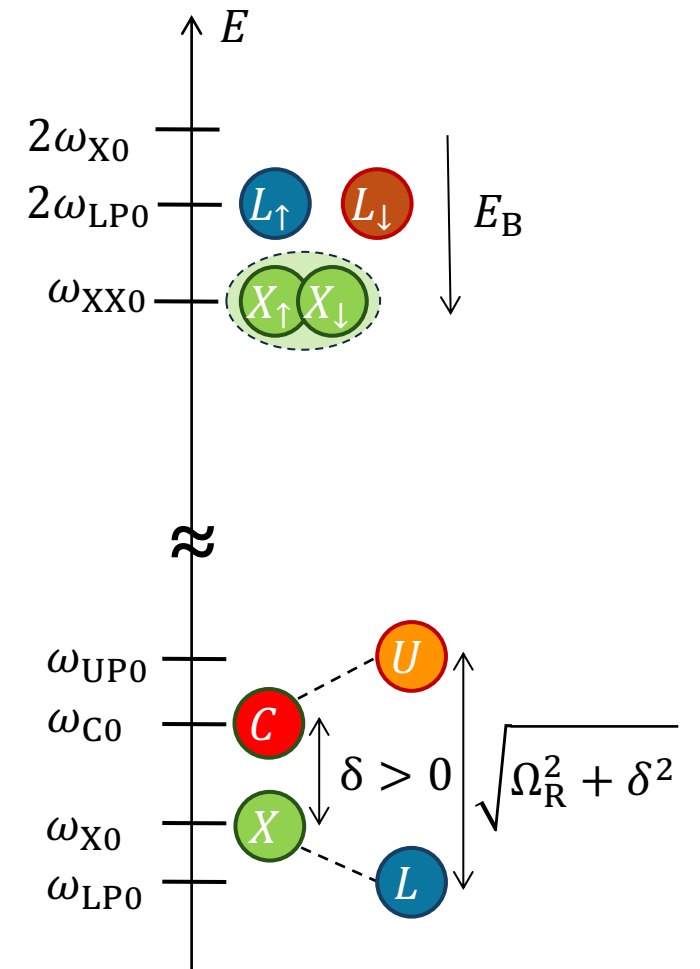
[Sidler et al Nature Phys (2016)]

3. Bose polaron polariton

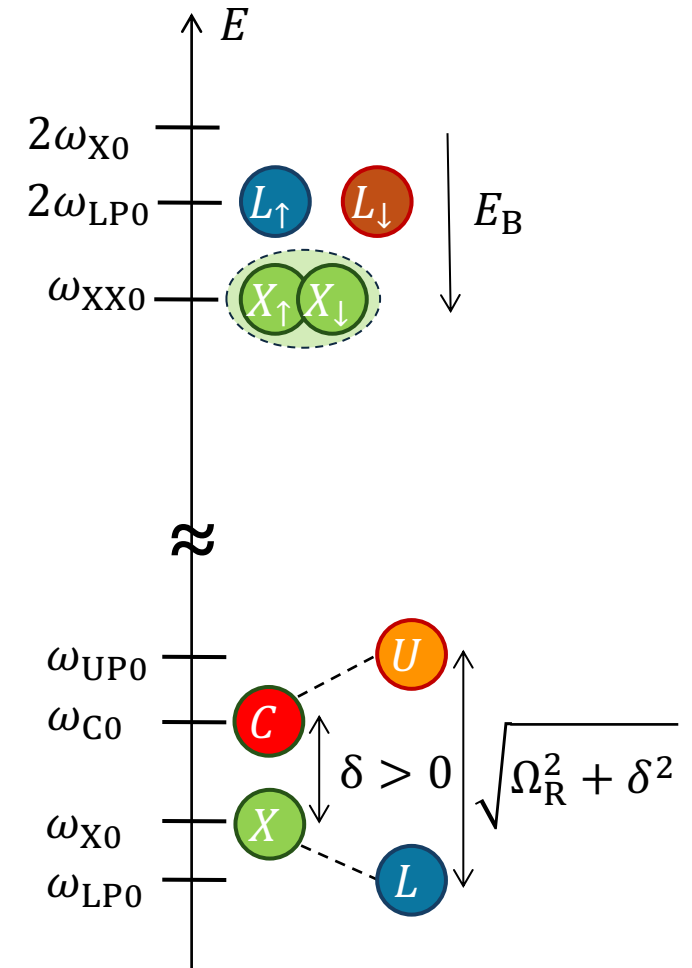
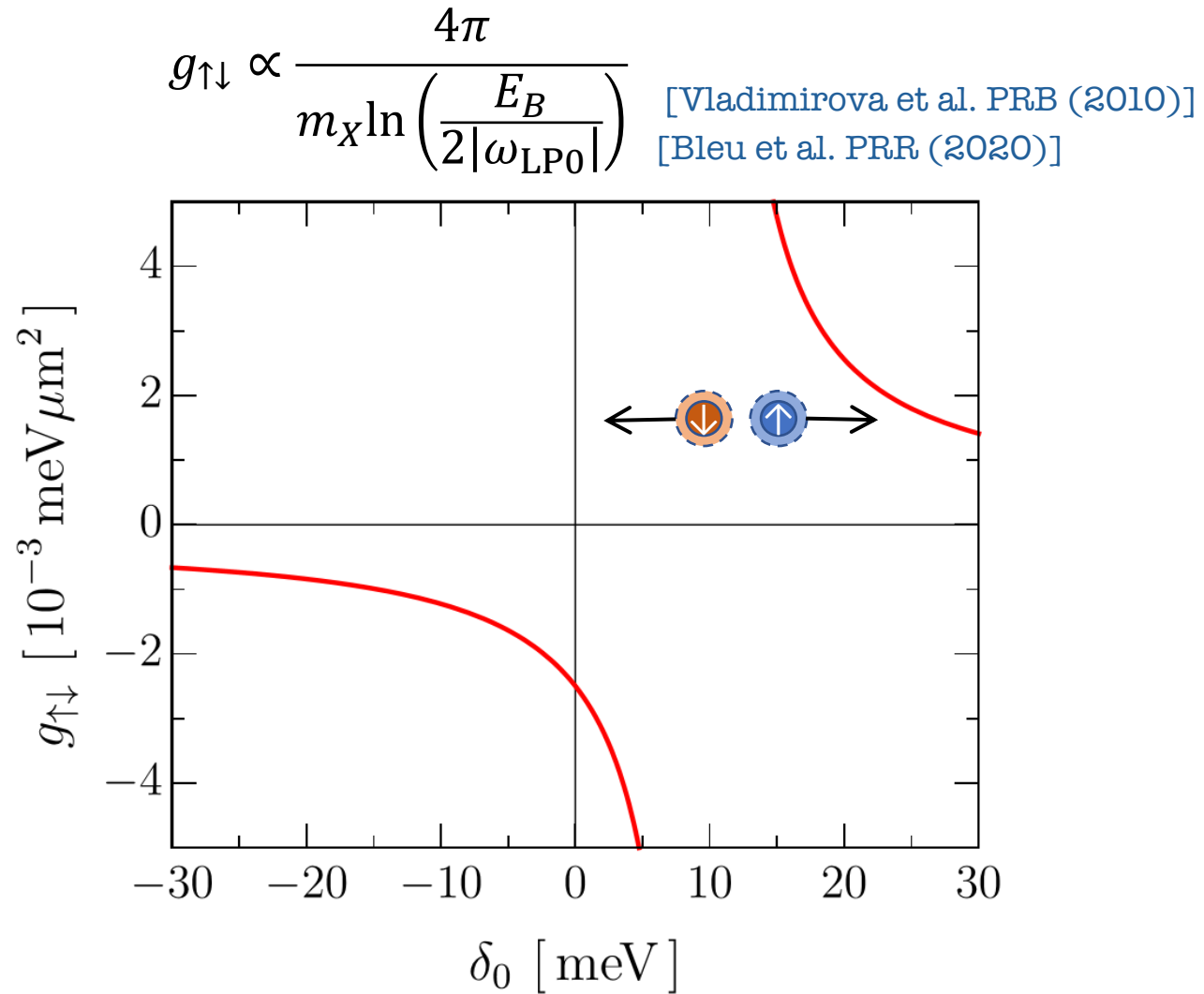
Biexciton Feshbach resonance



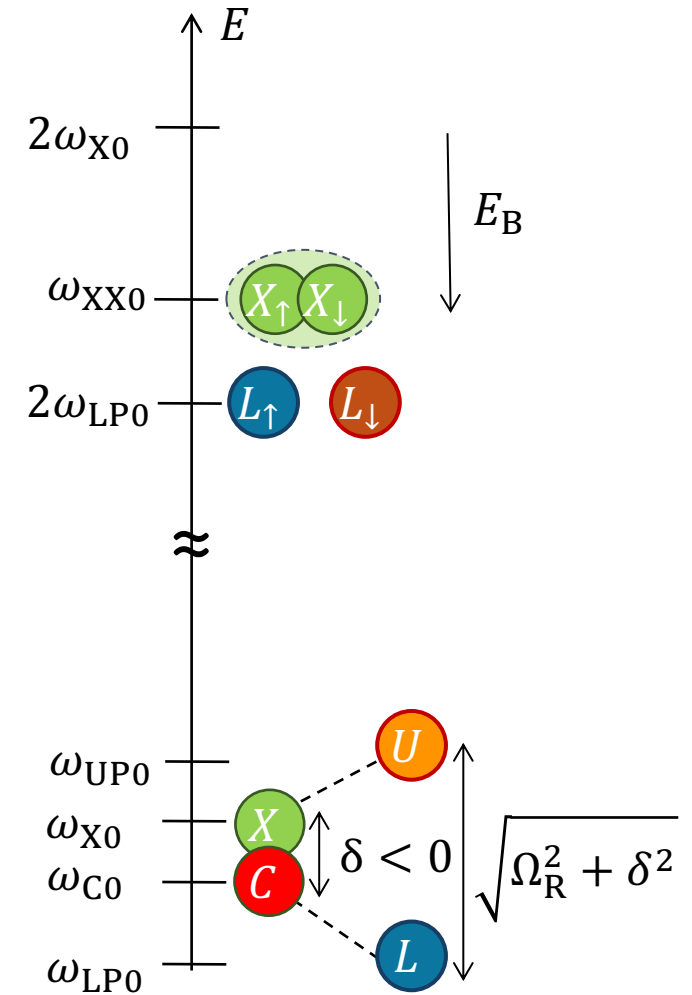
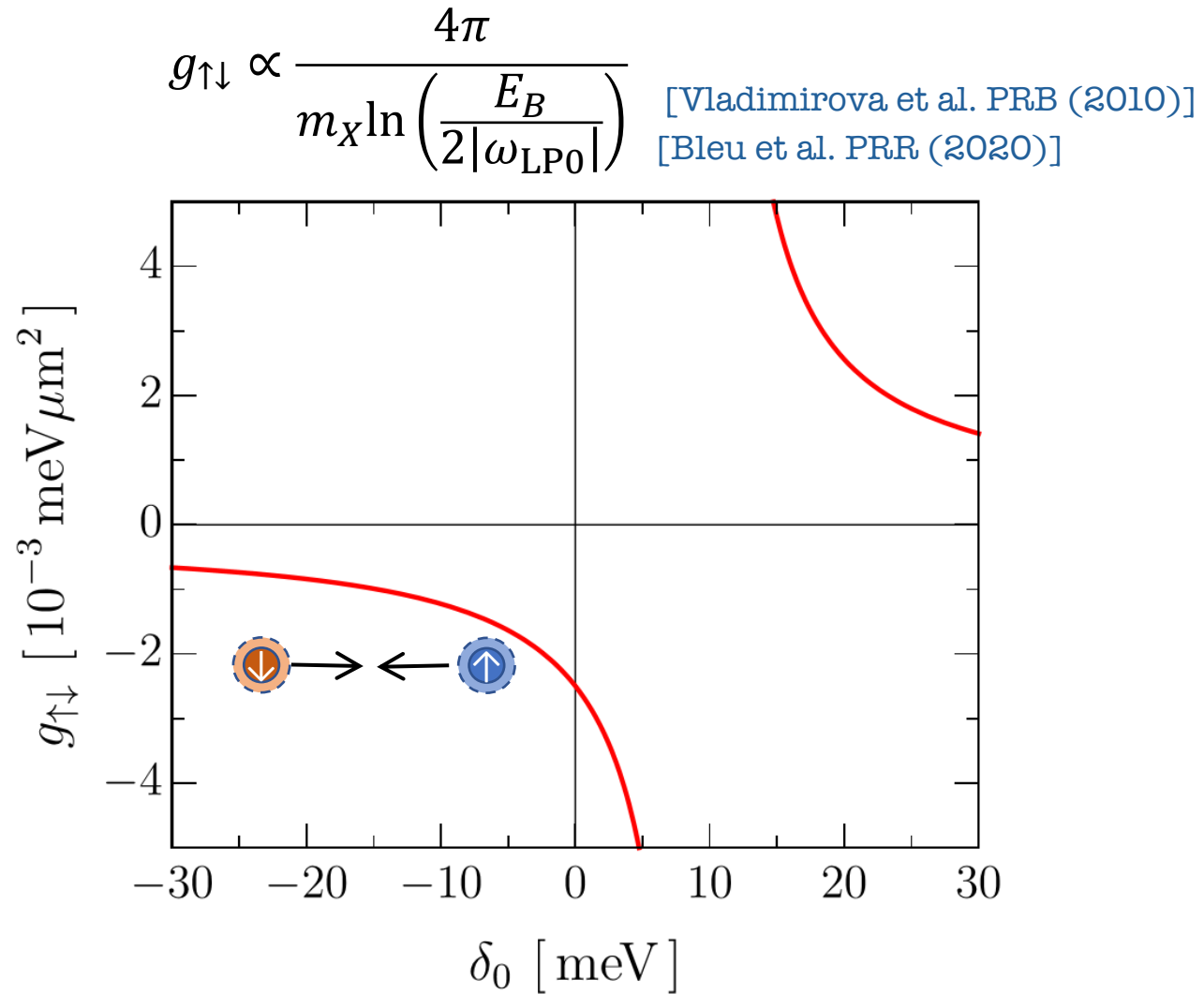
Biexciton Feshbach resonance



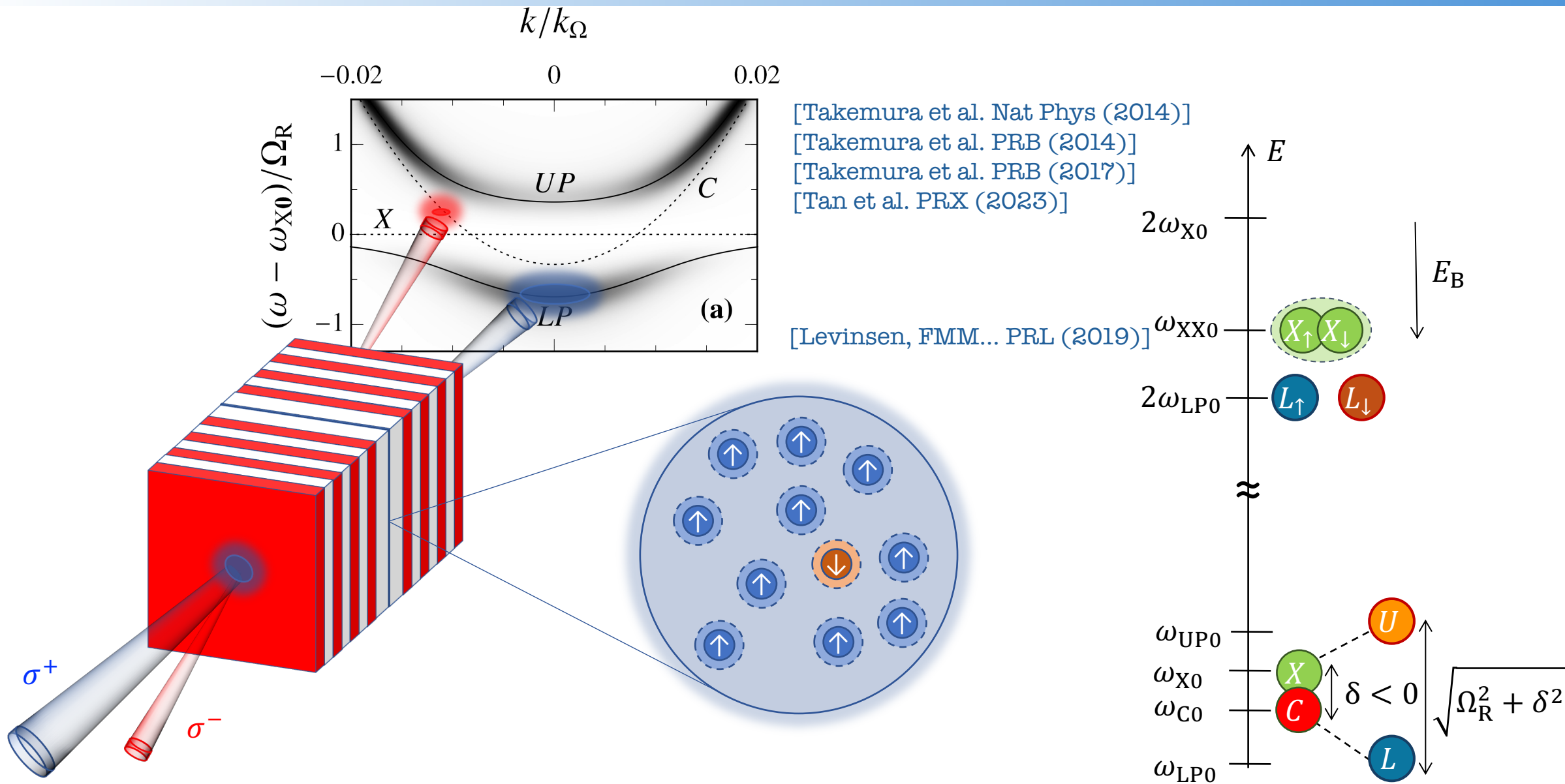
Biexciton Feshbach resonance



Biexciton Feshbach resonance



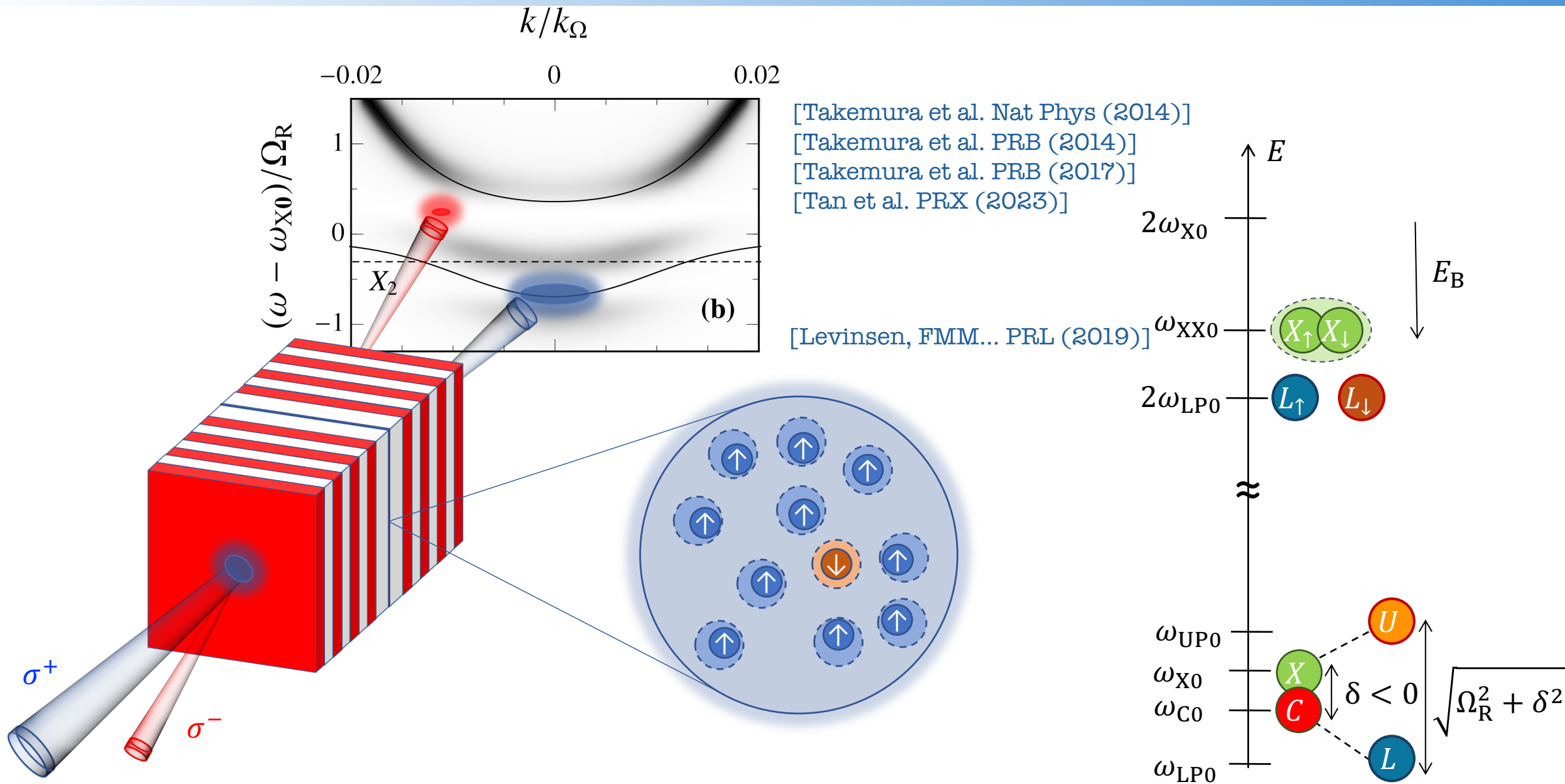
Biexciton Feshbach resonance: Bose polaron polariton



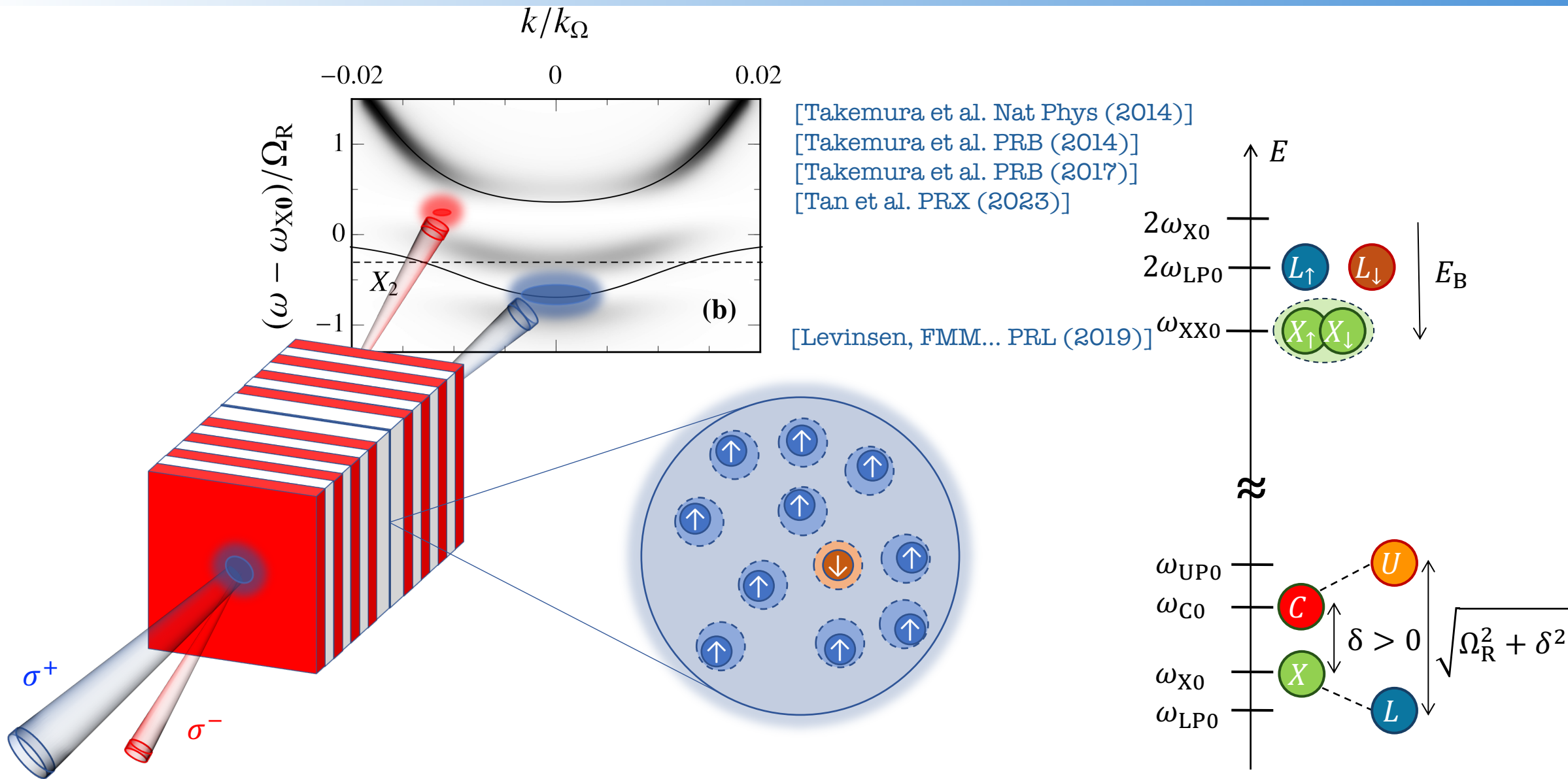
[Takemura et al. Nat Phys (2014)]
 [Takemura et al. PRB (2014)]
 [Takemura et al. PRB (2017)]
 [Tan et al. PRX (2023)]

[Levinsen, FMM... PRL (2019)]

Biexciton Feshbach resonance: Bose polaron polariton



Biexciton Feshbach resonance: Bose polaron polariton

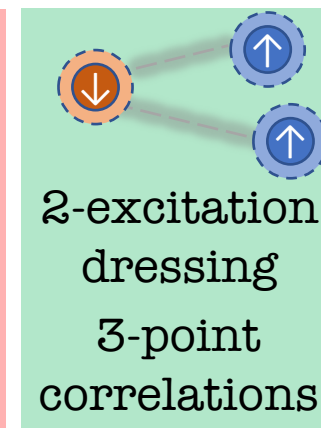
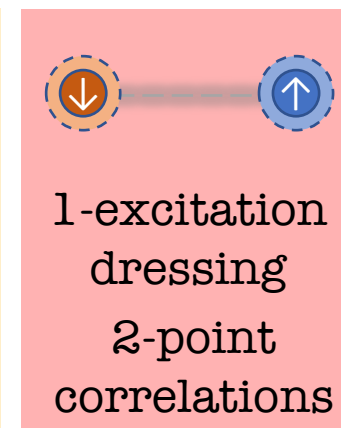
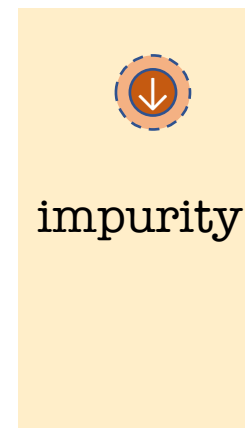


Biexciton Feshbach resonance: Bose polaron polariton

[Levinsen, FMM... PRL (2019)]

- ▷ Pump $\uparrow$
 - coherent state+quantum fluctuations : $\hat{L}_{\uparrow\mathbf{k}} \rightarrow \sqrt{n_{\uparrow}}\delta_{\mathbf{k},0} + \hat{L}_{\uparrow\mathbf{k}}$
- ▷ Probe $\downarrow$
 - $(\hat{x}_{\downarrow}, \hat{c}_{\downarrow})$ basis

$$|P\rangle = \left(\gamma \hat{c}_{0\downarrow}^{\dagger} + \xi \hat{x}_{0\downarrow}^{\dagger} + \sum_{\mathbf{k}} \zeta_{\mathbf{k}} \hat{x}_{-\mathbf{k}\downarrow}^{\dagger} \hat{L}_{\mathbf{k}\uparrow}^{\dagger} + \frac{1}{2} \sum_{\mathbf{k}, \mathbf{k}'} \eta_{\mathbf{k}\mathbf{k}'} \hat{x}_{-\mathbf{k}-\mathbf{k}'\downarrow}^{\dagger} \hat{L}_{\mathbf{k}\uparrow}^{\dagger} \hat{L}_{\mathbf{k}'\uparrow}^{\dagger} \right) |\Phi_{\uparrow}\rangle$$



Biexciton Feshbach resonance: Bose polaron polariton

[Levinsen, FMM... PRL (2019)]

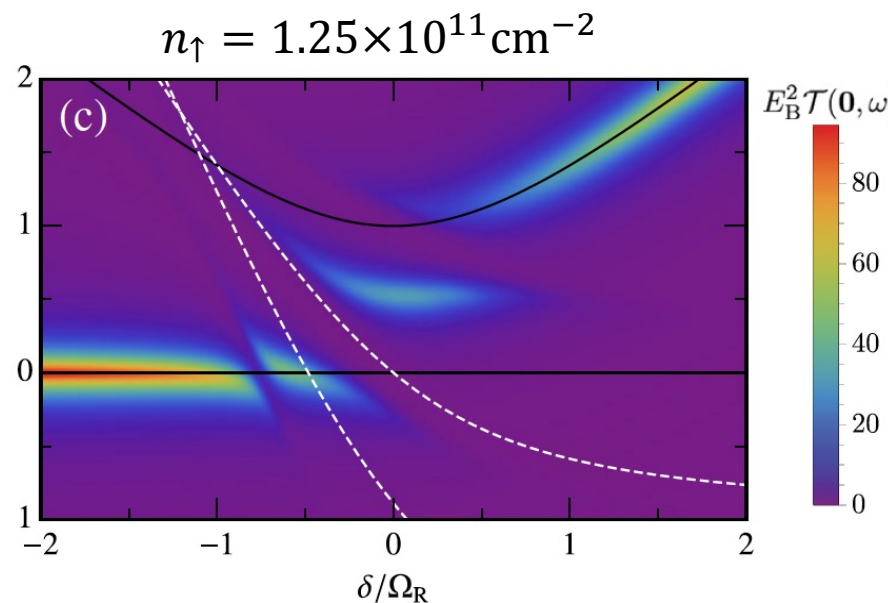
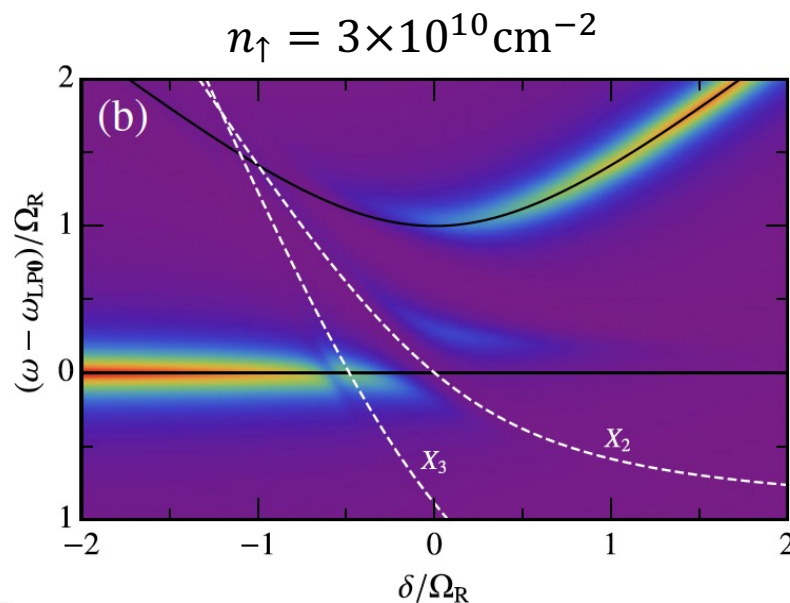
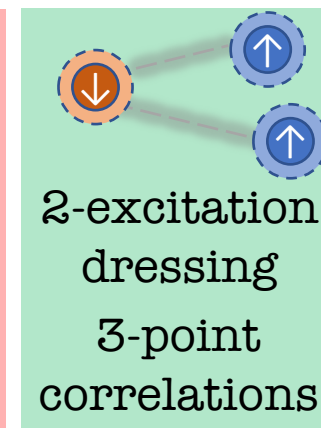
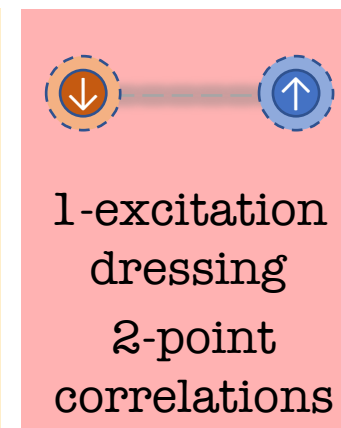
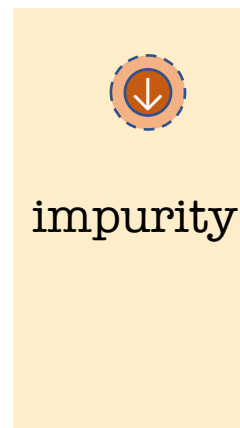
▷ Pump ↑

- coherent state+quantum fluctuations : $\hat{L}_{\uparrow\mathbf{k}} \rightarrow \sqrt{n_{\uparrow}}\delta_{\mathbf{k},0} + \hat{L}_{\uparrow\mathbf{k}}$

▷ Probe ↓

- $(\hat{x}_{\downarrow}, \hat{c}_{\downarrow})$ basis

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splitting of branches close to the biexciton resonance

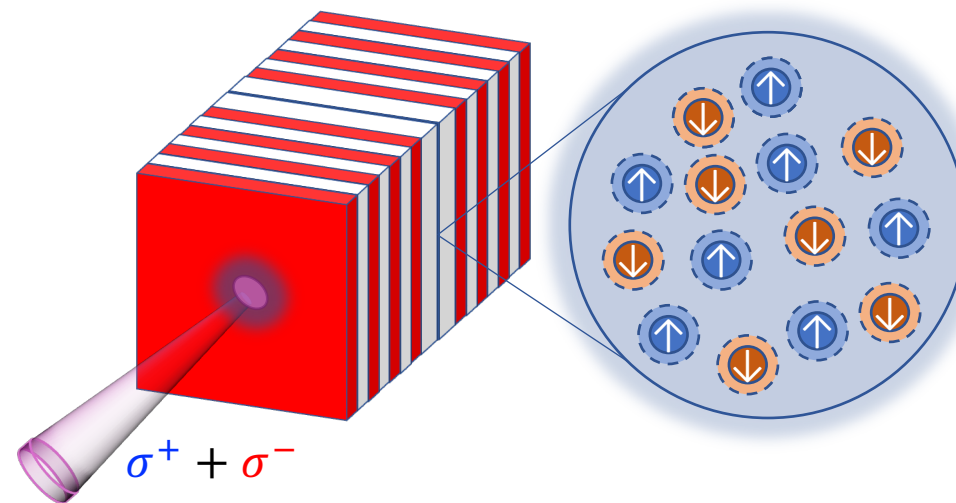
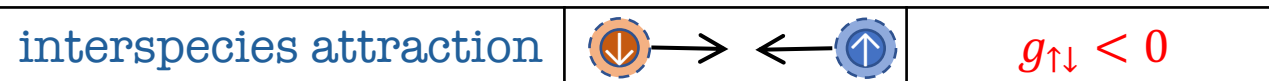
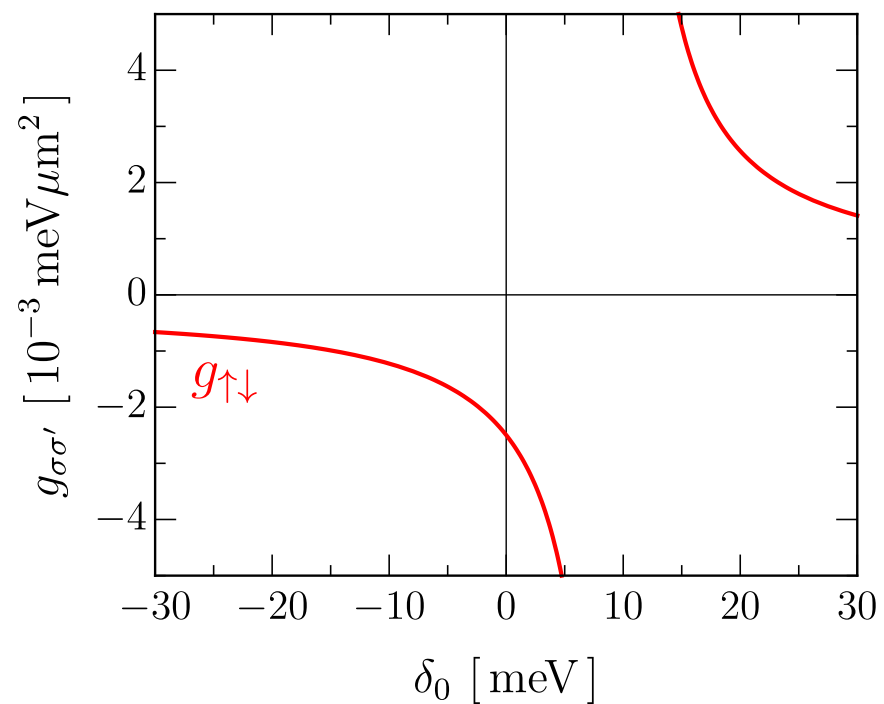
$$X_2 = \text{[up arrow] [down arrow]}$$

Additional splitting close to the triexciton resonance

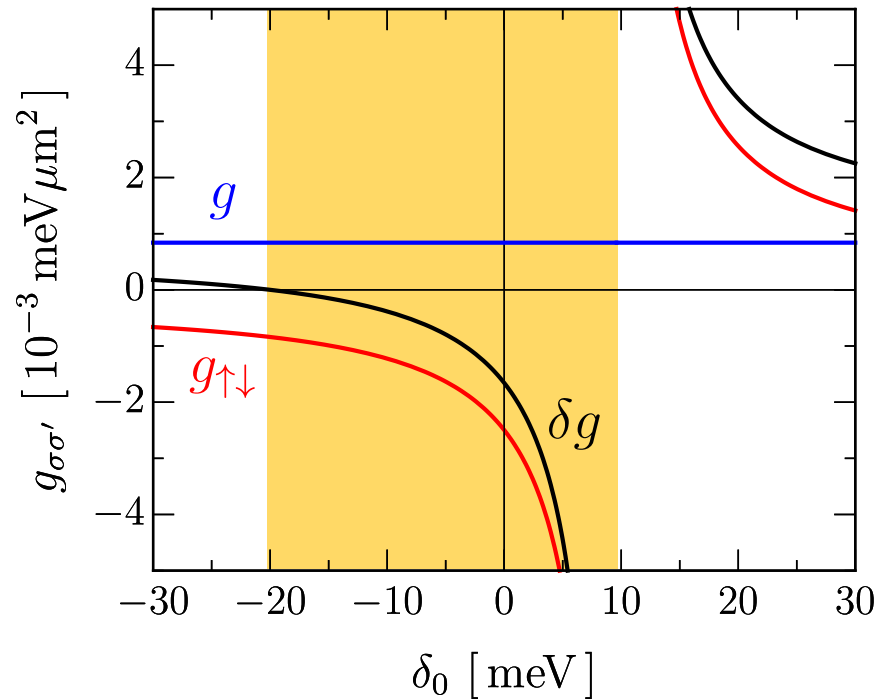
$$X_3 = \text{[up arrow] [down arrow] [up arrow]}$$

4. Quantum droplets of light

Polariton spin mixture



Polariton spin mixture

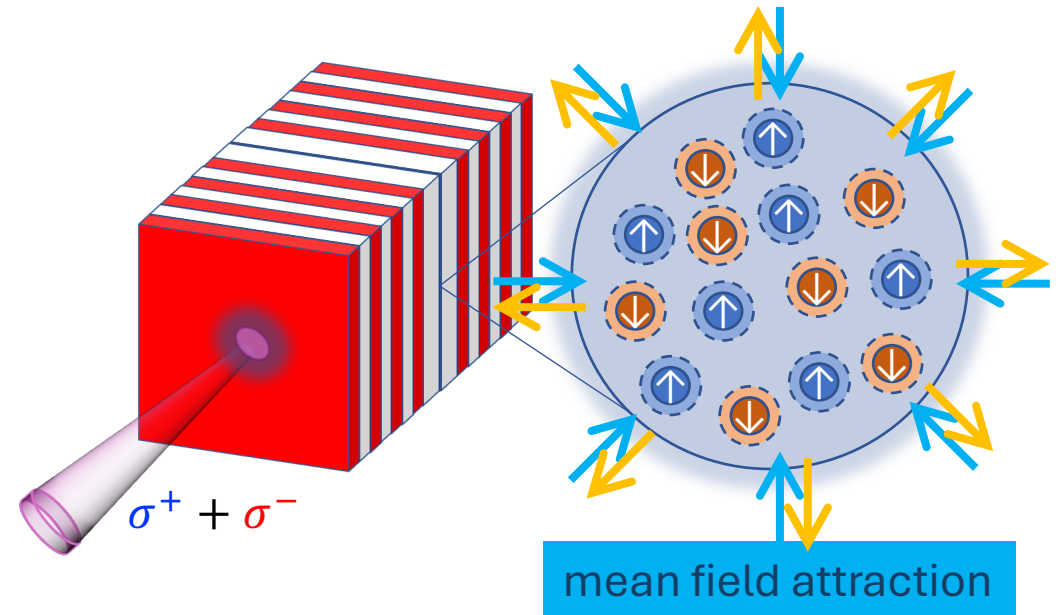


- ▷ Enhance quantum fluctuations by suppressing mean-field effects

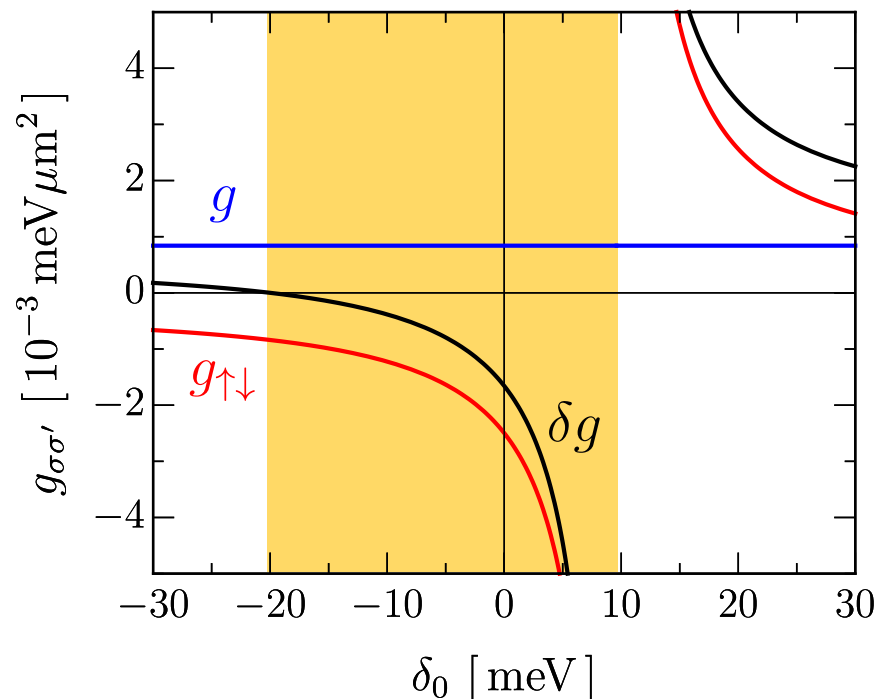
interspecies attraction		$g_{\uparrow\downarrow} < 0$
intraspecies repulsion		$g > 0$
“mean-field interaction”	$\delta g = g + g_{\uparrow\downarrow} \lesssim 0$ quantum droplet regime	

[Petrov PRL (2015)]

quantum repulsion



Polariton spin mixture

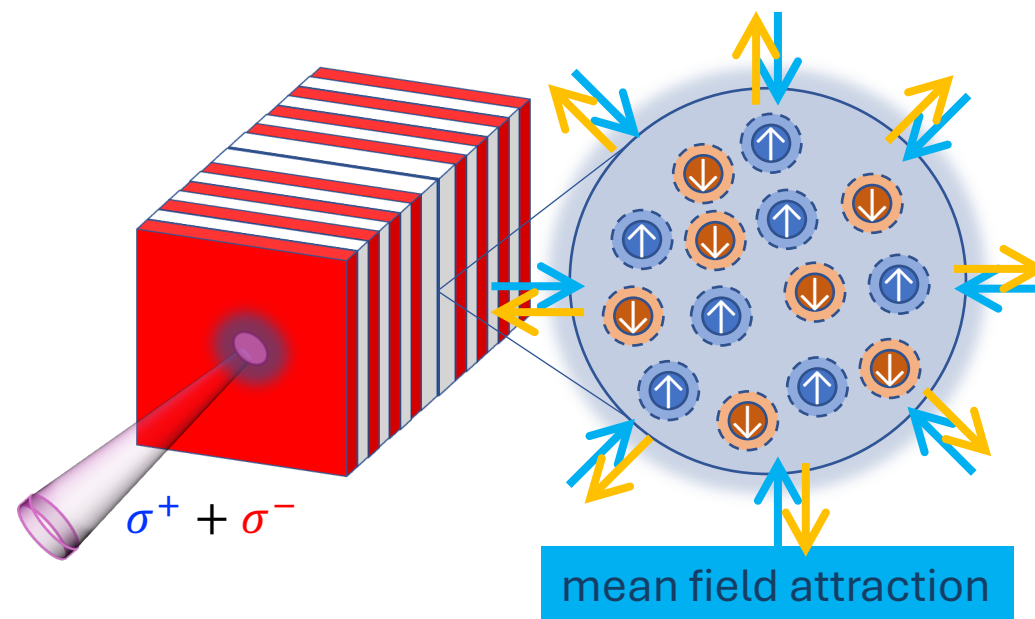


interspecies attraction		$g_{\uparrow\downarrow} < 0$
intraspecies repulsion		$g > 0$
“mean-field interaction”	$\delta g = g + g_{\uparrow\downarrow} \lesssim 0$ quantum droplet regime	

- ▷ Enhance quantum fluctuations by suppressing mean-field effects
- ▷ Experimentally realized in ultracold atoms
 - homonuclear
 - heteronuclear
 - dipolar condensates
 } binary mixtures
- ▷ Signatures of elusive polariton quantum nature (no need to increase polariton interactions)

[Petrov PRL (2015)]

quantum repulsion



Balanced mixtures : Bogoliubov theory with bosonic pairing

$$\hat{H}_0 = \sum_{\mathbf{k}\sigma} \begin{pmatrix} \hat{c}_{\mathbf{k}\sigma}^\dagger & \hat{x}_{\mathbf{k}\sigma}^\dagger \end{pmatrix} \begin{pmatrix} \epsilon_{\mathbf{k}}^C - \mu_\sigma & \Omega_R/2 \\ \Omega_R/2 & \epsilon_{\mathbf{k}}^X - \mu_\sigma \end{pmatrix} \begin{pmatrix} \hat{c}_{\mathbf{k}\sigma} \\ \hat{x}_{\mathbf{k}\sigma} \end{pmatrix}$$

$$\hat{V} = \sum_{\mathbf{k}\mathbf{k}'\mathbf{q},\sigma} \frac{v}{2} \hat{x}_{\mathbf{k}+\mathbf{q}\sigma}^\dagger \hat{x}_{\mathbf{k}'-\mathbf{q}\sigma}^\dagger \hat{x}_{\mathbf{k}'\sigma} \hat{x}_{\mathbf{k}\sigma} - \frac{|\Phi|^2}{v_{\uparrow\downarrow}} - \sum_{\mathbf{k}} \left(\Phi \hat{x}_{\mathbf{k}\uparrow}^\dagger \hat{x}_{-\mathbf{k}\downarrow}^\dagger + \Phi^* \hat{x}_{-\mathbf{k}\downarrow} \hat{x}_{\mathbf{k}\uparrow} \right)$$

[Nozières & Saint James JPF (1982)]

$$\Phi = -v_{\uparrow\downarrow} \sum_{\mathbf{p}} \langle \hat{x}_{\mathbf{p}\uparrow} \hat{x}_{-\mathbf{p}\downarrow} \rangle$$

- ▷ Renormalisation of contact interactions: $v \rightarrow g$, $v_{\uparrow\downarrow} \rightarrow g_{\uparrow\downarrow}$
- ▷ Mean-field + quantum corrections (zero-point energy of Bogoliubov modes)

$$\Omega(n, \Phi, \mu) = \Omega_{MF}(n, \Phi, \mu) + \Omega_{LHY}(n, \Phi, \mu)$$

[Caldara et al. (in preparation)]

Balanced mixtures : Bogoliubov theory with bosonic pairing

$$\hat{H}_0 = \sum_{\mathbf{k}\sigma} (\hat{c}_{\mathbf{k}\sigma}^\dagger \quad \hat{x}_{\mathbf{k}\sigma}^\dagger) \begin{pmatrix} \epsilon_{\mathbf{k}}^C - \mu_\sigma & \Omega_R/2 \\ \Omega_R/2 & \epsilon_{\mathbf{k}}^X - \mu_\sigma \end{pmatrix} \begin{pmatrix} \hat{c}_{\mathbf{k}\sigma} \\ \hat{x}_{\mathbf{k}\sigma} \end{pmatrix}$$

$$\hat{V} = \sum_{\mathbf{k}\mathbf{k}'\mathbf{q},\sigma} \frac{v}{2} \hat{x}_{\mathbf{k}+\mathbf{q}\sigma}^\dagger \hat{x}_{\mathbf{k}'-\mathbf{q}\sigma}^\dagger \hat{x}_{\mathbf{k}'\sigma} \hat{x}_{\mathbf{k}\sigma} - \frac{|\Phi|^2}{v_{\uparrow\downarrow}} - \sum_{\mathbf{k}} \left(\Phi \hat{x}_{\mathbf{k}\uparrow}^\dagger \hat{x}_{-\mathbf{k}\downarrow}^\dagger + \Phi^* \hat{x}_{-\mathbf{k}\downarrow} \hat{x}_{\mathbf{k}\uparrow} \right)$$

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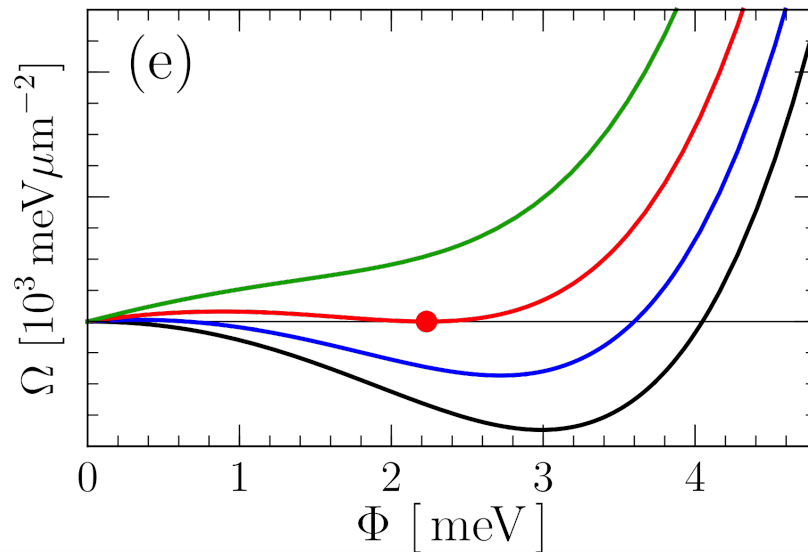
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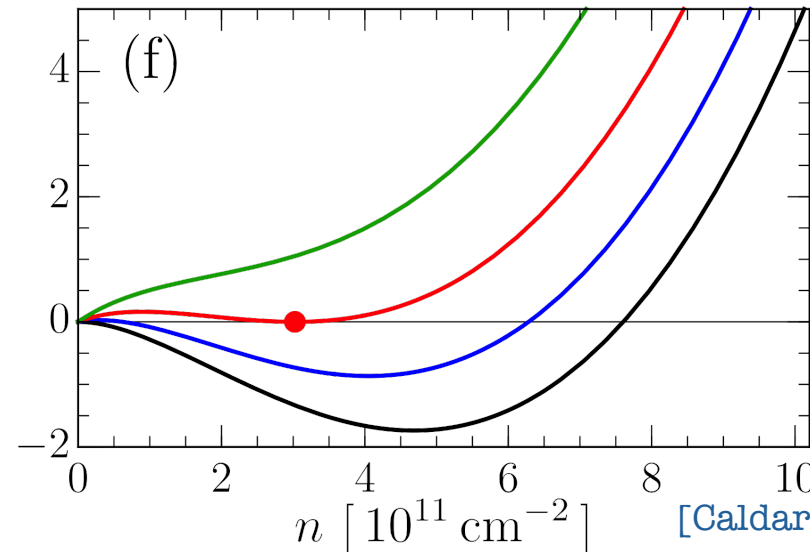
$$\Omega(n, \Phi, \mu) = \Omega_{MF}(n, \Phi, \mu) + \Omega_{LHY}(n, \Phi, \mu)$$

$$\delta\mu = \mu - \omega_{LP} \leftarrow$$

■ $\delta\mu = 0.0$ meV ■ $\delta\mu = -0.10$ meV

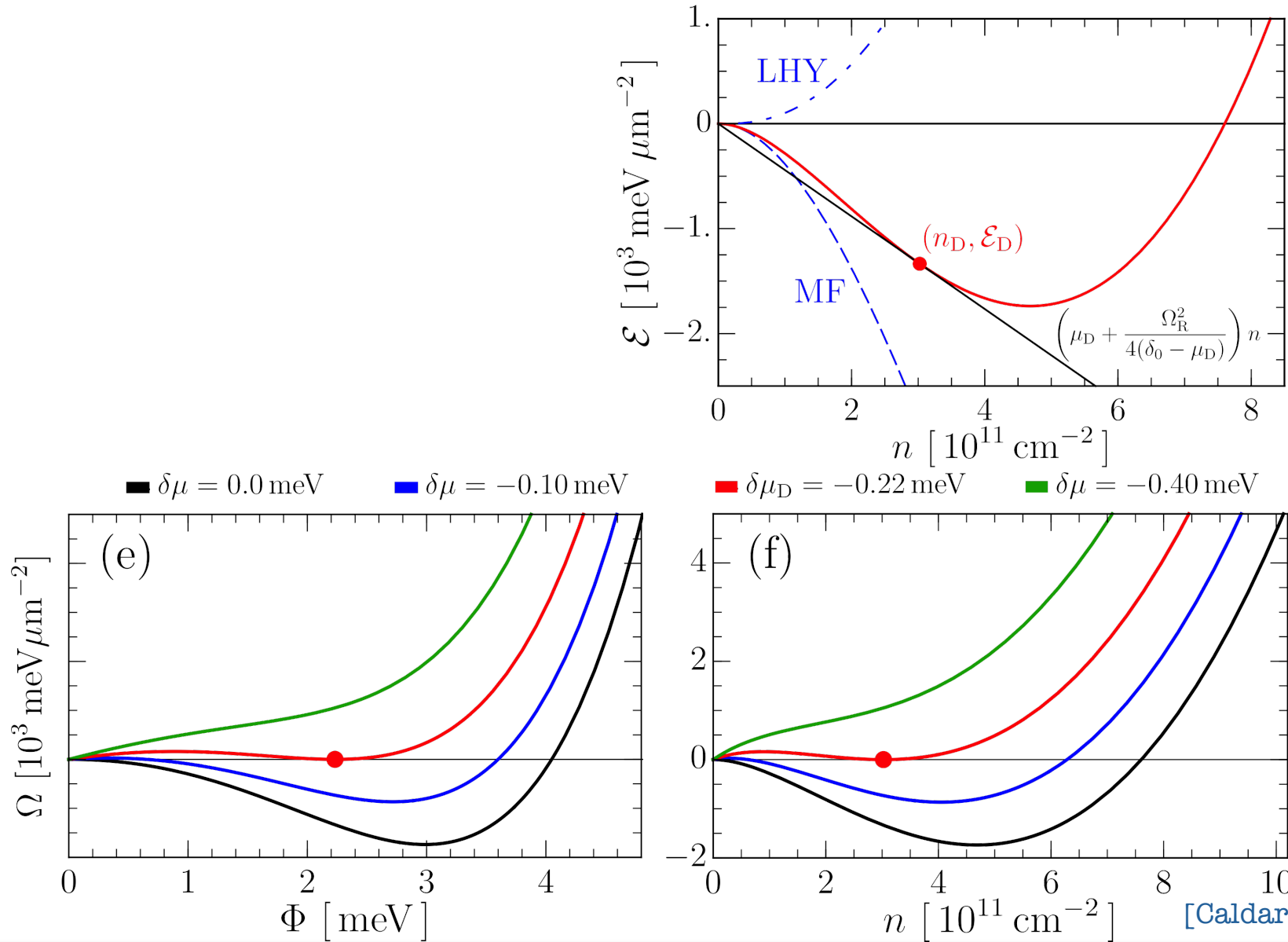


■ $\delta\mu_D = -0.22$ meV ■ $\delta\mu = -0.40$ meV



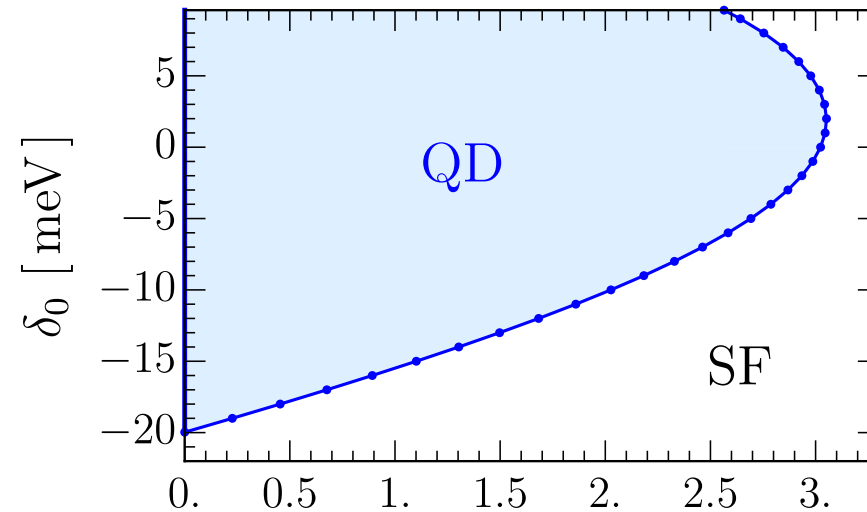
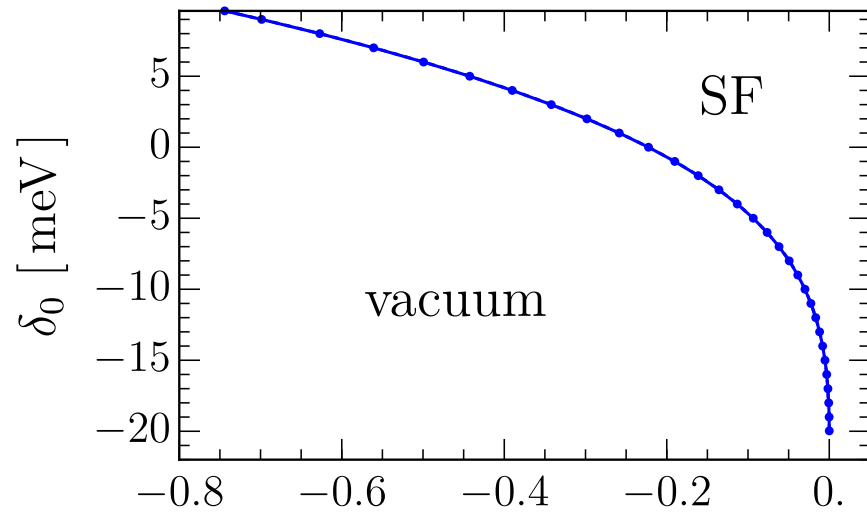
[Caldara et al. (in preparation)]

Quantum droplet: phase separation with vacuum

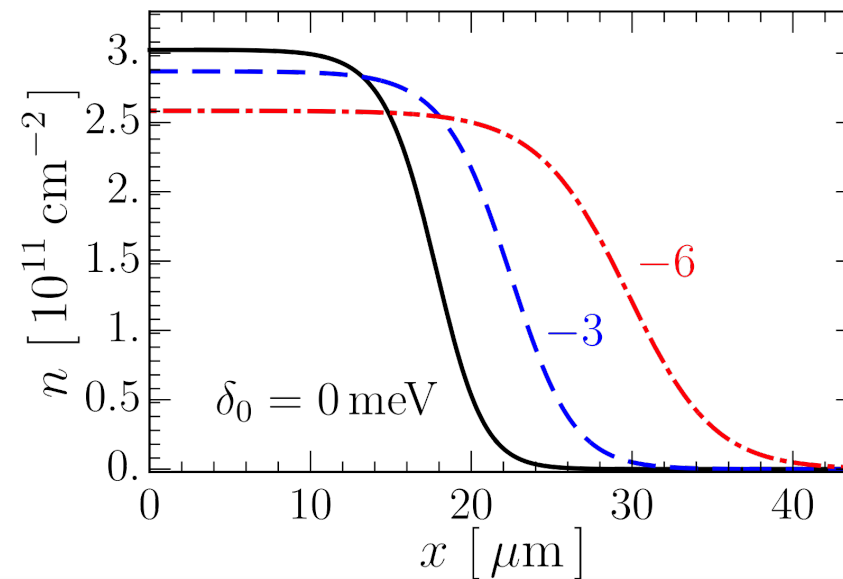


[Caldara et al. (in preparation)]

Quantum droplet: phase separation with vacuum



- ▷ GPE-like equation
 - droplet profile

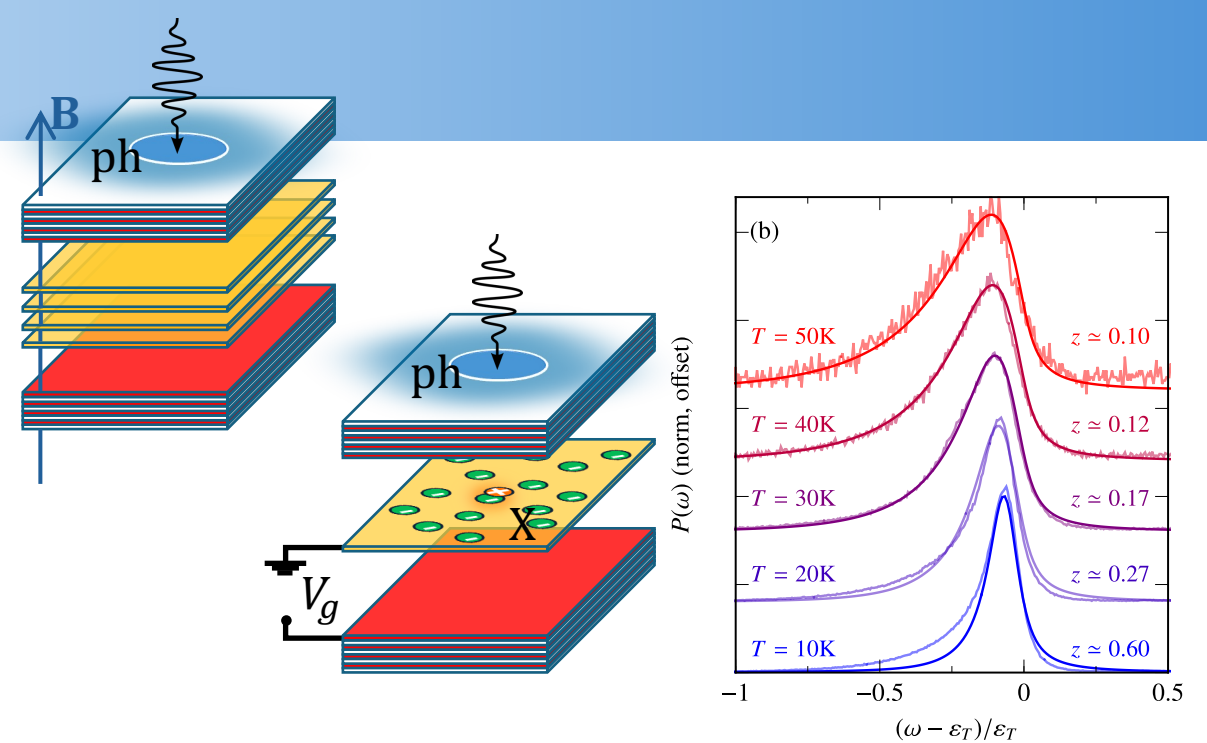


[Caldara et al. (in preparation)]

Take messages



1. Microcavity polaritons & very strong light-matter coupling
2. Fermi polaron (polaritons) in gated TMD monolayers
 - finite temperature crossover from polaron to trion continuum

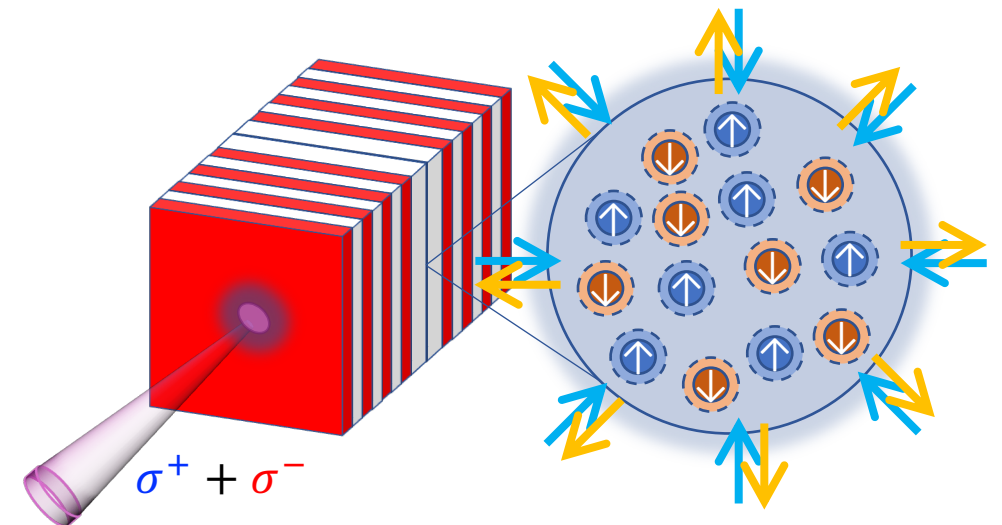
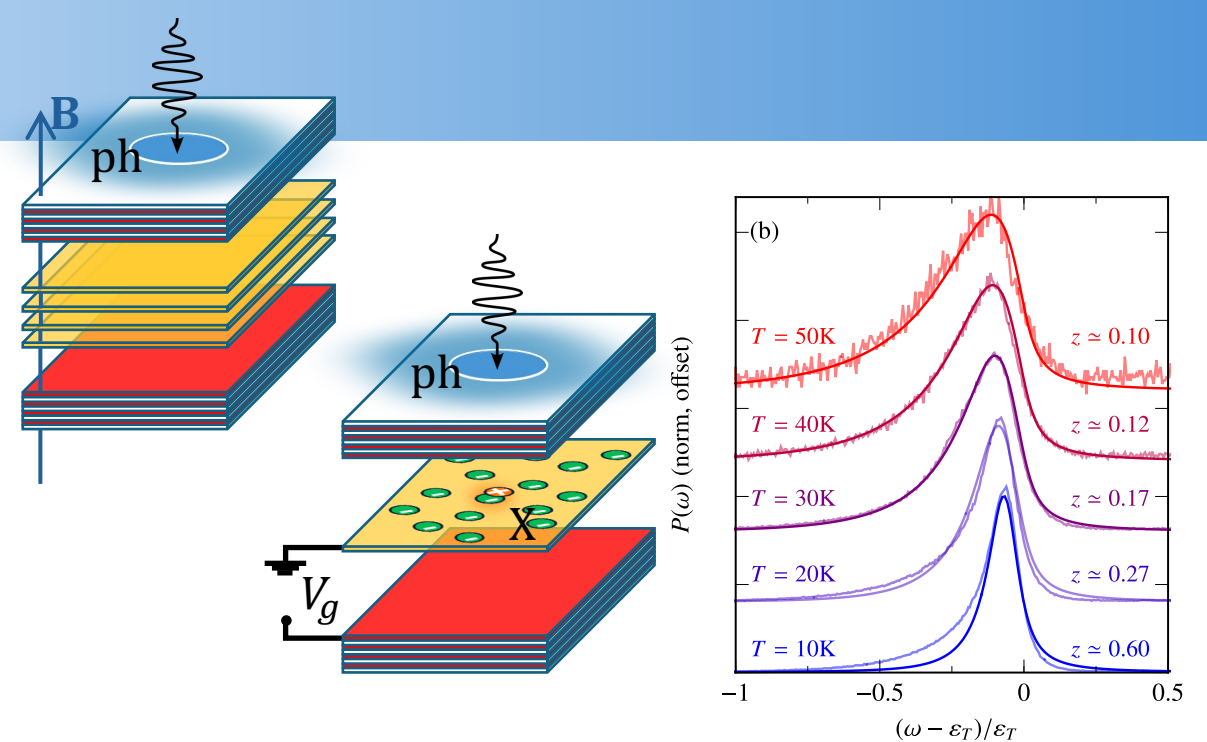


Take messages



1. Microcavity polaritons & very strong light-matter coupling
 2. Fermi polaron (polaritons) in gated TMD monolayers
 - finite temperature crossover from polaron to trion continuum
 3. Biexciton Feshbach resonance
- Bose polaron polaritons in pump-probe
- Quantum droplets of light

towards quantum polaritonics

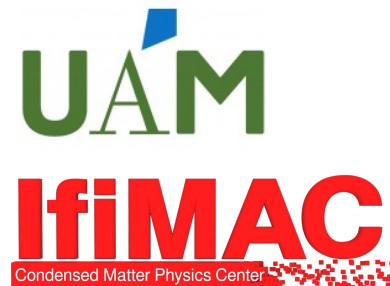




D. de la Fuente



A Tiene (now @Multiverse Computing)



M. Caldara



O. Bleu
(now @Heidelberg)



B. Mulkerin



J Levinsen



M. Parish



- D Efimikin
- S Kumar
- E Laird (now @ The Uni. of Queensland)